





### INTERNET SAFETY

Parents • Guardians • Communities

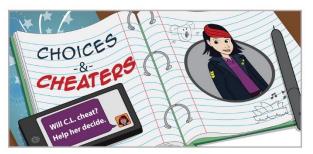






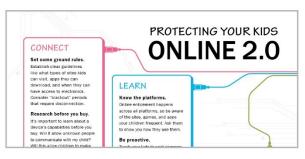


### NetSmartz®









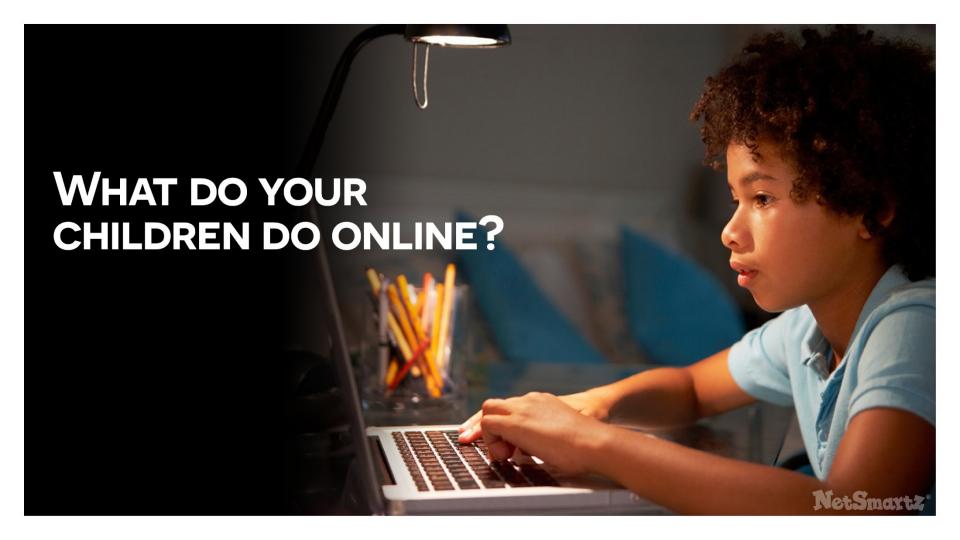




#### MISSINGKIDS.ORG/NETSMARTZ

#### ONLINE

Computers • Cell phones Gaming consoles • E-readers • Tablets





## TECHNOLOGY CAN'T CATCH EVERYTHING SO, COMMUNICATE!



#### SAFETY & SECURITY ISSUES

- Inappropriate content
- Online privacy
- Sexting
- Online enticement
- Cyberbullying

#### TALK ABOUT THE RISKS AT EVERY AGE

#### YOUNGER CHILDREN

Netiquette

Looking at inappropriate content

Pop-ups/passwords

Not trusting everyone you meet online

#### **TWEENS & TEENS**

Cyberbullying

Sexting

Posting personal/inappropriate information

Meeting offline





Connecting with new friends





#### INAPPROPRIATE CONTENT

- Pornography
- Excessive violence
- Hate speech
- Risky or illegal behaviors



#### How to Respond

- Don't frighten them
- Listen attentively and stay calm
- Tell them it's not their fault
- Answer questions
- Help them report it

#### WHAT THEY SHOULD DO

- Turn off the screen
- Use the back button
- Tell a trusted adult
- Report it to the website or app
- Report it to Cybertipline.org

#### Don't Post



- Inappropriate or illegal behavior
- Offensive language
- Threats of violence
- Underage drinking or drug use
- Hate speech

#### WHAT YOU CAN DO

CONNECT

**LEARN** 

**ENGAGE** 

#### **ONLINE PRIVACY**

#### What's OK? What's Not OK?

- Pictures of family and friends
- Personal information
- Conversations with unknown people in an online game
- Creating videos on streaming services
- 'Checking in' or sharing current location online
- Sending/viewing/sharing explicit or provocative pictures



### RISKS OF SHARING PERSONAL INFORMATION



- Identity theft
- Online scams
- Hacking
- Online enticement
- Sextortion

#### WHAT YOU CAN DO

- Establish rules about what they can share
- Learn about reporting options
- Help them set privacy settings
- Help them create strong passwords
- Talk about friends lists



#### Research suggests that:

- 15% of teens have sexted
- 27% of say they have recieved a sext



What do U want me 2 do??



### WHY ARE THEY SEXTING?

- To be funny
- To impress a crush
- Peer pressure or threats
- Experimenting with relationships, sexual behavior, and boundaries

Send me a pic of urself...;)







### CONSEQUENCES OF SEXTING

- Humiliation
- Bullying
- Blackmail
- School discipline
- Police involvement

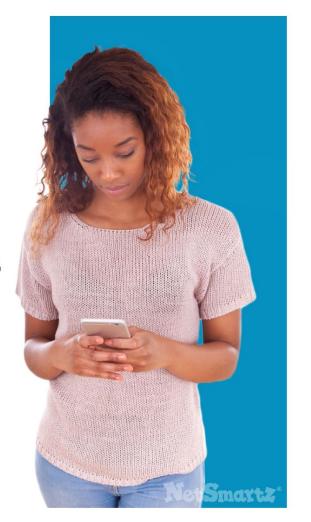


#### **ADDRESSING SEXTING**

- Talk about the consequences
- Tell them never to forward a sexting image
- Discuss healthy relationships
- Talk about ways an image can spread online
- Report it to Cybertipline.org

## How do SOLICITATIONS OCCUR?

- Most occur on social networking sites
- Most occur among older teens
- Most teens are solicited by peers
- Most are not bothered by it



### OFFENDERS GROOM CHILDREN BY:

- Exploiting their natural curiosity
- Gradually introducing explicit images
- Using adult status to control a child's behavior
- Offering gifts like cell phones and gift cards





#### SIGNS OF GROOMING

#### Check if your child is:

- Receiving gifts
- Calling unknown numbers
- Rejecting family and friends
- Getting upset when not online
- Minimizing the screen





#### A PROGRAM OF THE NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN

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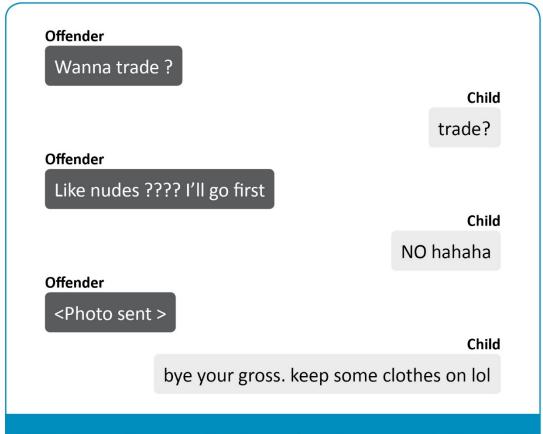
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#### WHAT YOU CAN DO

- Talk to your child about relationships
- Set a policy about meeting offline for older teens
- Know your child's online friends
- Teach your child the warning signs
- Call the police
- Report to CyberTipline.org

### KIDS ARE CAPABLE

Chat log as reported to NCMEC's CyberTipline:



Child stopped communicating and made a report to the social networking site, which in turn reported to the CyberTipline.

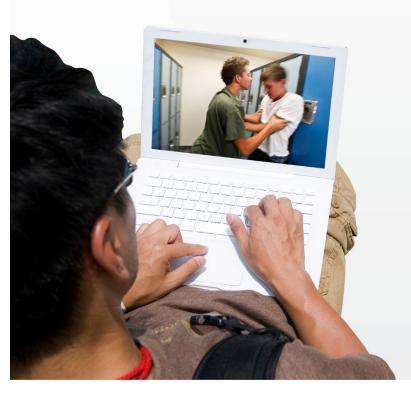
#### REPORT TO CYBERTIPLINE

- Anyone who sends your child photos or videos containing obscene content
- Anyone who asks your child to send sexual images
- Anyone speaking to your child in a sexual manner
- Anyone who asks your child to meet in person



# Bullying + Technology = Cyberbullying

#### **EXAMPLES OF CYBERBULLYING**



- Sending mean texts
- Photoshopping pictures
- Creating fake profiles
- Posting fight videos
- Spreading rumors and gossip
- Posting embarrassing pictures
- Sending threatening or harassing comments

### DIFFERENCES BETWEEN CYBERBULLYING & BULLYING

Spreads faster

Wider audience

Follows children home



## SUICIDE AMONG CYBERBULLYING VICTIMS IS RARE



# Cyberbully

# Victim

# Bystander







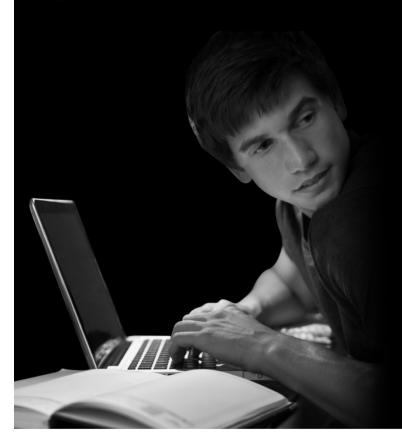


- Stop using the computer or cell phone
- Act nervous when receiving an email, IM or text
- Seem uneasy about going to school
- Withdraw from friends and family

## How To Help

- Support your child and problem solve together
- Consider saving the evidence
- Block cyberbullies
- Set up new accounts
- Talk to the school
- Report it to CyberTipline.org

# **CYBERBULLYING BEHAVIORS**



- Quickly switches screens or closes programs
- Uses the computer at all hours
- Gets unusually upset if they cannot use the computer
- Avoids discussions about what they are doing
- Uses multiple online accounts

# How to Prevent It

Monitor and intervene in your child's online behavior in the same way you would "offline" behavior.

- Establish expectations for online behavior
- Set consequences for cyberbullying
- Model good online behavior

# TALK TO YOUR CHILD ABOUT NOT BEING A BYSTANDER.



- Establish expectations for reporting
- Encourage them to stand up for the victim
- Help them report the cyberbullying to an adult or teacher

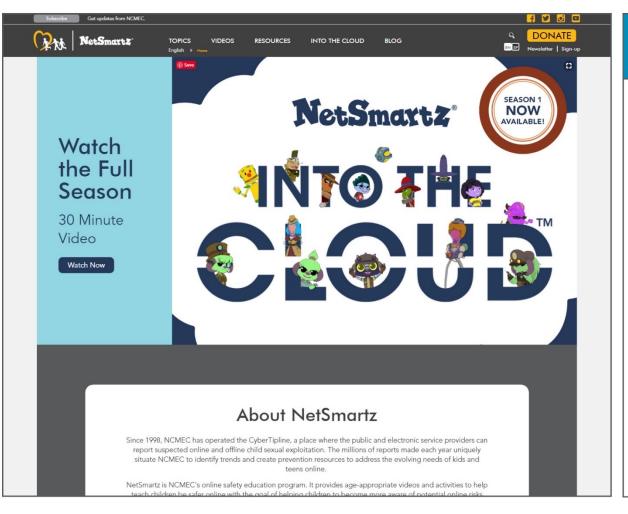
NetSmartz\*

# **TECH OPTIONS**

- Install filtering and monitoring software
- Consult your cell phone provider
- Research options for other mobile devices
- Look at individual apps
- Explore built-in security features

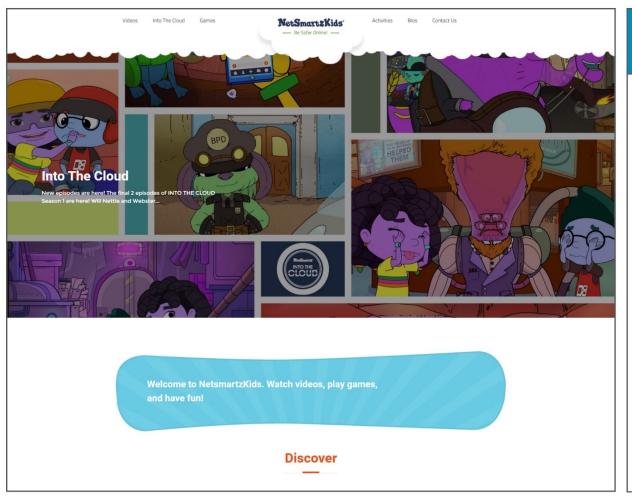


# TECHNOLOGY CAN'T CATCH EVERYTHING SO, COMMUNICATE!



#### MissingKids.org/NetSmartz

- Discussion starters
- Information about the issues
- Tip sheets
- Videos



### NetSmartzKids.org

- Activities
- E-books
- Games
- Videos

# **THANK YOU!**

## NetSmart2°



#### **Endnotes**

<sup>1</sup>Cross, Pam. WCVB, "Students holding replica guns suspended after Facebook post." Last modified October 28, 2014. Accessed January 5, 2015. http://www.wcvb.com/news/studentsholding-replica-guns-suspended-after-facebookpost/29391774.

<sup>2</sup>Helsel, Phil. NBC News, "Student Suspended Over 'Sarcastic' Tweet Sues School." Last modified June 17, 2014. Accessed January 5, 2015. http://www.nbcnews.com/news/usnews/student-suspended-over-sarcastic-tweet-sues-school-n133941.

<sup>3</sup>Martin, Brooke. WANE-TV, "Cyber crime snapped teen's photo while online." Last modified December 12, 2012. Accessed December 14, 2012. http://www.wane.com/ dpp/news/indiana/cyber-crime-snapped-teensphoto-while-online1355326051426.

<sup>4</sup>Birks, Karen. Examiner, "Online scam targeting kids this holiday." Last modified November 12, 2012. Accessed December 18, 2012. http://www.examiner.com/article/online-scamtargeting-kids-this-holiday.

<sup>5</sup>Madigan S, Ly A, Rash CL, Van Ouytsel J, Temple JR. Prevalence of Multiple Forms of Sexting Behavior Among YouthA Systematic Review and Meta-analysis. JAMA Pediatr. 2018;172(4):327–335. doi:10.1001/jamapediatrics.2017.5314.

<sup>6</sup>Elam, Stephanie, and Julie Brayton. NBC 4 KNBC, "Study: Sexting Teens More Likely to Engage in Risky Sex." Last modified September 18, 2012. Accessed December 14, 2012. http:// www.nbclosangeles.com/news/local/Sexting-Study-170117576.html.

<sup>7</sup>Mitchell, Kimberly, Lisa Jones, David Finkelhor, and Janis Wolak. "Trends in Unwanted Sexual Solicitations: Findings from the Youth Internet Safety Studies." Crimes Against Children Research Center, 2014.

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<sup>9</sup>"Cyberbullying Facts." Cyberbullying Research Center. Accessed January 5, 2015. http:// cyberbullying.us/facts. <sup>10</sup>Hinduja, Sameer, and Justin Patchin. Cyberbullying Research Center, "Cyberbullying research summary: Bullying, cyberbullying, and sexual orientation." Last modified 2011. Accessed January 29, 2013. http://www. cyberbullying.us/cyberbullying\_sexual\_ orientation\_fact\_sheet.pdf.

<sup>11</sup>Wood, Janice. PsychCentral, "Cyberbullying rarely sole factor in teen suicides." Last modified October 29, 2012. Accessed December 17, 2012. http://psychcentral.com/news/2012/10/20/cyberbullying-rarely-sole-factor-in-teen-suicides/46407.html.

<sup>12</sup>Ryan's Story Presentation LTD., "Ryan's story." Last modified 2010. Accessed December 17, 2012. http://www.ryanpatrickhalligan.org.

<sup>13</sup>Murray, Rheana. Daily News, "Cyber-bullying, social media blamed after Florida teen commits suicide." Last modified December 12, 2012. Accessed January 5, 2015. http://www.nydailynews.com/news/national/social-mediablamed-teen-suicide-article-1.1218550.

<sup>14</sup>Celizic, Mike. TODAY, "Her teen committed suicide over 'sexting'." Last modified March 6, 2009. Accessed December 17, 2012. http://today.msnbc.msn.com/id/29546030/ns/today-parenting\_and\_family/t/her-teen-committed-suicide-over-sexting/

<sup>15</sup>Hinduja, Sameer, and Justin Patchin. Cyberbullying Research Center, "Cyberbullying warning signs: Red flags that your child is involved in cyberbullying." Last modified 2009. Accessed December 17, 2012. http://www. cyberbullying.us/cyberbullying\_warning\_signs. pdf.



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