

# THE TEEA MESSENGER

<http://teea.tamu.edu>

VOLUME 3



Our 92<sup>nd</sup> TEEA State Conference is a thing of the past and what a conference! Reviewing your evaluation sheets, everyone says it was a great conference. Dr. Mark Fairies did an awesome job; the Lunch and Learn was great; and the Talent Show was fantastic. The board worked diligently to ensure that you enjoyed your conference. Kudos to them!

We had several ladies who became ill. Our prayers are with them on the road to recovery. The hotel reported to me that they had the health inspectors out after this occurrence and they were given a clean bill.

It is truly a pleasure to be your president. I meet many new people, especially at conference. They are the kindest and nicest people to meet. A friendship is formed, one I will never forget.

In preparing my thoughts to share with you the charge as you move forward in TEEA, I think of Mary McLeod Bethune who left a will to all women. I

FALL 2019

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will paraphrase. These should be included in your quest to build your club.

**LOVE** - It is helpful and positive, it provides the key to happiness and contentment.

**HOPE** - A thirst for education and knowledge is the prime need of the courageous.

**FAITH** - It is the first factor in a life devoted to service. Without faith, nothing is possible and with it, nothing is impossible.

Harmony and responsibility to our young people are key ingredients. You must encourage them to aspire to greatness and never lose their zeal for life. The world around us really belongs to our youth. We must encourage them to aspire toward greatness, never to lose their zeal, for they are to be the leaders of tomorrow.

As your president,

- **I charge** you to be caring, creative, competitive and show compassion in your club.
- **I charge** you to practice honesty, humility, humanitarianism and provide harmony in all your deliberations.
- **I charge** you to be attainable, ambitious and attentive at all meetings.
- **I charge** you to be loyal to your creed, yourself and to your

club members.

- **I charge** you to look for logic in making lasting decisions.
- **I challenge** you to be enthusiastic and energetic as you support noteworthy causes.
- **I charge** you to be goal oriented and generous in upholding and furthering the purposes and programs of TEEA.
- **I charge** you to always strive for excellence in all that you do.

For the real purpose of our existence is not to make a living but to make a life. – A worthy well-rounded useful life.

## GIVE LAVISHLY! LIVE ABUNDANTLY!

The more you give  
The more you get.  
The more you laugh  
The less you fret  
The more you do unselfishly,  
The more you live abundantly.  
The more of everything you share,  
The more you'll always have to spare.  
The more you love, the more you'll find  
That life is good and friends are kind,  
For only what we give away enriches us from day to day.

Friendship improves happiness and abates misery by doubling our joy and dividing our grief.

Joseph Addison

I hope all of you will plan

to attend our 93<sup>rd</sup> Annual TEEA State Conference in Lubbock, September 15-16, 2020. Meetings will be held at the Lubbock Convention Center and the hotel is the MCM Elegante. Districts 1 and 2 will be hosting the conference. We are all in this together and each of us has "The Power to Make a Difference."

Membership in TEEA will increase your friends, bring you happiness and double your joy.

With love,

Nyanza Price, President  
Texas Extension Education  
Association  
2018 - 2020





**KAY JACOB  
PRESIDENT-ELECT**

Howdy Ladies and Gentlemen,

Wow!! What a crazy and HOT summer we have had with very little rain. We are really needing some rain down here in the south. I am so excited to be your President-Elect. Thanks to each and everyone of you for your support, I will do my best to be what you expect of me. The following year will be one of learning what I can do to help strengthen our organization.

I hope everyone enjoyed our State Conference and I am looking forward to getting reports from your District Directors on how much fun everyone had and learn what kind of education programs you enjoyed.

It has been a real privilege serving as your 1<sup>st</sup> Vice-President of Leadership these last two years, and I look forward to serving our TEEA as President-Elect and President. If there is anything, I can help anyone with, please feel free to contact me.

Have A Wonderful Fall and Happy Holidays.



**POLLY KRENEK  
1<sup>st</sup> VP OF LEADERSHIP**

Hello Ladies and Gentlemen,

Thank you for your confidence in electing me as your 1<sup>st</sup> Vice President of Leadership. It is my pleasure to serve you in this position. I will do my best to keep you up to date and informed on the many items concerning TEEA. I will make sure all the District Directors have my contact information, and if I can help

you, please contact me.

I have been a member of TEEA for 9 years serving as President of the Oatmeal Extension Education Club, a club that I helped reorganize in 2013. I served as District 7 Director for two years, Burnet County Chair for two years and I am now serving as the District 7 Treasurer. I am also a member of the Marble Falls EE Club and an associate member of the Rumbly EE Club in Lampasas. Throughout the years, I have held many offices and served on many committees.

My husband, Michael and I have been married for 19 years and he is a great support to me and TEEA. He is always willing to help and support any TEEA function or project the county or club is doing. We have four children and four grandchildren which are the light of our lives. Michael and I live where I was born and raised on the family farm/ranch in a small rural community called Oatmeal in Burnet County.

My goal this year is to keep in contact with the District Directors and keep them informed on different TEEA changes so they can better serve their members. District Directors you can contact me any time you need help.



**CLARA JONES  
2<sup>nd</sup> VP FOR PROGRAMS**

My name is Clara Jones and this is my second and final year serving as your Second Vice President for Programs. As Second Vice President for Programs, I hope the delegates that attended the 92<sup>nd</sup> State Conference in San Marcos enjoyed the State workshops and are prepared to share that knowledge within their counties and communities. For those who did not have the opportunity to attend the State Conference, you missed a great one, especially our first ever talent show - the

"TEEA Explosion."

Now a little about me and my background. I live in Leon County and have three amazing children, who between the three have produced six super grandkids and one dynamo great grandson. I am a graduate of Texas Woman University and Saint Louis University and a retired manger of Southwestern Bell. I am a second generation TEEA member (formerly Home Demonstration) serving for eleven years in numerous positions.

I will close with my favorite scripture: Give, and it shall be given; good measure, pressed down, and shaken together; and running over will men give unto you. For with the same measure you use, it will be measured unto you. Luke 6:38



**ANGELA PIERCE  
STATE SECRETARY**

Howdy ya'll!!!! I'm Angela Pierce from Maud, Texas. I am the TEEA 2019-2020 State Secretary. I look forward to serving this second year as secretary and getting to meet even more members, whether it be on the board or at the 2020 State Conference in Lubbock.

I am one of three daughters, and a fourth generation member of TEEA. I have been in TEEA for 17-18 years now. Growing up, I was in 4-H and participated in food shows, fashion and clothing shows, some photography, and consumer decision making. I enjoyed it as much as I am enjoying TEEA. I am glad to be part of an organization that supports our kids and community. I appreciate all that the members in TEEA do; you are what makes TEEA the great organization that it is. THANK YOU!

The 2019 State Conference was a huge success. I really enjoyed seeing everyone and all the activities, especially the Cultural Arts.

Thank you to Districts 10 and 12 for all of your hard work. I was blessed to have my mom and sister, among others, that were able and willing to help with the TEEA sales. I look forward to this next year.



**BANKER'S NOTES  
OLA CULWELL  
STATE TREASURER**

Hello everyone. Will summer ever end? We have had no rain for some time and the heat is awful.

The State Conference was great. We had good speakers, good educational programs, and good facilities (although those long hallways gave us plenty of exercise). Our new year starts October 1. Hope you have your memberships completed with lots of new members, dues collected and ready to mail them to me.

Looking forward to a great year. Our State Conference will be in Lubbock next September. Hope everyone has a nice holiday season.



**REXINE SCARBOROUGH  
TREASURER-ELECT**

The 92<sup>nd</sup> Conference was a great success. I am extremely honored to be elected as your Treasurer-Elect for the next year. I am looking forward to working with the State Board and learning from Ola Culwell all the duties of the Treasurer. It is going to be a very busy time.

For those of you who do not know me, I have been a TEEA member for 25 years. I have served

in my local club and county. I also served one term as District Director, and one term as State Secretary. It has been a joy to work with so many great TEEA members over the years, making this an awesome organization.

I live in Montgomery County, District 9. I have two children, nine grandchildren, and three great-grandchildren.

In the community I have worked with the 4-H program, county fair, and with the youth athletic programs. It is a joy to see how our young people mature through the years.

Again, thank you for your vote of confidence, and I am looking forward to working for the TEEA organization to make it the best that it can be.

### MEET YOUR DISTRICT DIRECTORS

As 1st Vice President of Leadership, one of my duties will be to work with the District Directors. Let me introduce you to the new and returning 2019-2020 District Directors. They are available to answer questions and to help club officers and their members. They are your voice in TEEA.

**POLLY KRENEK**



**ROSABELLE LEAL  
DISTRICT 1 DIRECTOR**

I am serving as District 1 Director for the third time. For thirty-one years I was secretary, office manager and then 4-H Program Assistant at the Extension office in Dalhart, retiring in 2008. All through those years, I was given the opportunity to work with EEA club members. On the county level I have served as Dallam County Association Chair, treasurer, and secretary, and delegate. On the Dalhart EEA Club level I have served as chair, treasurer, secretary, and reporter. I have been a member for 30 years. I truly believe in this organization and love the explanation of the symbols in the TEEA Emblem.

### TEEA Emblem - Explanation of Symbols

The outer circle represents the world we live in. Inside the circle proudly displays the name of the organization. Centered is the outline of our unique and beautiful state of Texas. In the center, an open book, denoting education indicating that one cannot learn from a closed book. The house in the Panhandle represents the home and family life. In the west, an open heart - we open our hearts to all. In the east, an oak leaf representing strength - we gain strength through our partnership with the Texas A&M AgriLife Extension Service. In the lower portion, two reaching hands, reaching out to those who need us.



### SHEILA McCORMACK DISTRICT 2 DIRECTOR

Hello from West Texas,

My name is Sheila McCormack, I'm the District 2 Director, this is my second year to serve. Some of you I know and others I look forward to meeting. A little bit about me: I love old cars and old Harley Davidson motorcycles. I have rebuilt the motor in a 1956 Chevy and the motor of a 1949 45 Harley; enjoyed it very much. I like to work in my yard, but can't do it as much anymore. I can't get down to ground level anymore, because it is too hard to get back up. I like to play games, watch old movies, travel and spend time with family and friends. I can be contacted by email: [sheilateea1951@gmail.com](mailto:sheilateea1951@gmail.com), by phone 325-207-8445. My address is Sheila D McCormack, 1902 15th St., Snyder, Texas 79549-1658. I look forward to the coming year. I think it'll be a great one.

Hope to see all of you at the 2020 State Conference in Lubbock next September.



**WANDA LACEY  
DISTRICT 3 DIRECTOR**

Hello, I am Wanda Lacey, the new District 3 Director. For the past eleven years I have been a member of the Springtown Club of Parker County. I have been vice-president and president of our club. Then I moved on to being vice-chairman and chairman of Parker county. I believe in our TEEA creed, where love, faith, trust and devotion must live each day.

My husband and I retired in 2007 and we moved to Texas from Arizona! We had been visiting our two children and their families out here for several years. So, we still have one son and three grandchildren in Arizona, and six grandchildren here! We celebrated our 50<sup>th</sup> anniversary this year and one of our grandsons was married this past summer.

My professional career began after we had practically raised our three children. I went back to college to become a teacher. I taught in Arizona for 15 years in the public school system. Since I have retired, I enjoy gardening, canning, and I read when I can. I stay involved with the grandchildren and I enjoy when the whole family gets together and have fun with each other.

I'm looking forward to Fall Training and seeing you there!



**DINAH RAINHEY  
DISTRICT 4 DIRECTOR**

My name is Dinah Rainey from Hunt County. I have been married for 35 years to my husband, John. We have three grown children, five grandchildren, and three great grandchildren. I have volunteered in PTA, Girl Scouts, Awana, Boy Scouts, CASA, and many other committees along with TEEA.

I love the members of our TEEA clubs and currently serve as chair of the three clubs in my hometown. My mother was also a member of home demonstration clubs.

My goal is to keep TEEA growing in Greenville and throughout Texas!



**CONNIE TROXELL  
DISTRICT 5 DIRECTOR**

Greetings,

I am Connie Troxell, the new District 5 Director. I am from Smith County and am a member of the Dixie Club. I have been a member of this great organization for 48 years. As a member I have held every position at the club and county level and also served one term as Education Chair on the State Board of Directors. We have great members in District 5, and my goal is to work with the clubs and counties to expand our membership, develop leadership and provide education for all of the members. Most of all, I want to make it

**“When your feet slip  
you can always  
recover your balance,  
but when your  
tongue slips  
you can never  
recover your words.”**

more enjoyable. **Let's have fun!**

Now a little about me personally. I have been married for 37 years and have two children, a boy and a girl. We have two grandchildren and two great grandchildren that help make our lives complete.

I am looking forward to the next two years as your District Director and hope to meet everyone in our district.



**EDITH JONES**  
**DISTRICT 6 DIRECTOR**

HELLO AGAIN! Just like an old penny, "I'M BACK!" I am looking forward to trying to get back into TEEA shape again. For the ones I have not met yet and all of my good friends, my name is Edith Jones from the FAR WEST area of the GREAT STATE of TEXAS and the home where the Late and Great Ballet-singer- Roy Orbison was raised.

I am a single person again since my late husband Mac Jones passed away in 2006. Together we raised three daughters, Karen, Renee and Amy. They have blessed us with seven grandchildren, two boys and five girls (as you might have noticed the girls have outnumbered the boys at this point). Please stay with me there is a point to this madness! September 12, I adopted four of my great-grands, so now I am MAMA/NANA of a 13 year old girl Crystal, and her three little brothers Gavin three, Landon two and Lucas one. Now I can experience trying to raise my BOYS along with my other wonderful girl! WOOHOO!

I really wanted to let everyone know what I have been doing for the last three years. I have been in TEEA for about 31 years and have seen many, many changes during my time. I have served as District 6 Director several times, Education Chairman two terms, 2<sup>nd</sup> VP of Programs, and most of the county, club offices. I am presently District 6 Treasurer.

I have served five years in the past as Mayor for the city of Wink. I am a member of the First United Methodist Church in Wink. I have helped with 4-H projects, classes, judging. Crystal has been in 4-H since she was seven or eight years old.

We have lost so many of our clubs to deaths of our members and the economy with so many families needing two incomes coming in to the homes. It is my goal to help establish or reestablish the clubs and increase the membership in District 6. I missed this year's Conference due to my personal commitments. The programs sound outstanding! I want to see all of these presented at club meetings this year.

May GOD bless all of you this year and I ask for your prayers for my undertaking!



**MARTHA BAKER**  
**DISTRICT 7 DIRECTOR**

I am Martha Baker from Early (Brownwood). I moved here from New Mexico January 1, 2000, where I had a business for 33 years. I have two sons and two step-sons, four grandsons, and one granddaughter which is the apple of my eye. I married Dan Shaffer in 1969. He passed away in 2007 from cancer. I then met a wonderful man and married him in 2010, Clyde Baker. I am a member of Salt Creek Baptist Church and also sing in the choir. My hobbies are sewing and doing western re-enacting in which we are a member of three groups. We have met a great group of people doing this. It does keep us busy and we get to shoot blanks at each other where no one gets hurt. I hope everyone has a great year.

*"A bad attitude is like a flat tire.  
You can't go anywhere until you change it."*

**"You must find the courage to leave the table, if respect is no longer being served."**



**LAURIE J. VEATCH**  
**DISTRICT 8 DIRECTOR**

Hello, again. My name is Laurie Veatch and I have almost completed my first year as District 8 Director.

How time has flown – I can't believe a year has already passed and only one more year remains to my term. I have learned so much this past year, and I know there is much, much more to learn.

Recently returning from our wonderful 92<sup>nd</sup> TEEA State Conference in San Marcos, I have been thinking about all that we learned there. I have been fortunate to visit many of our District 8 County Chairs and work with them through any concerns they had. I firmly believe that working together we make a much stronger team.

Part of my goal this past year, was to work more closely with our AgriLife FCH County Agent with her needs as well as with our 4-H youth. It's been a very productive year on that note. I've also been encouraging our other counties to become more involved with their communities, agents and 4-H youth.

Another of my goals this past year was to work with our members to increase and maintain TEEA membership. There have been some bumps in the road with numerous deaths, but with support of each other, we are slowly gaining new members.

I look forward to serving District 8 and the TEEA State Board for the next year. I wish all of our new board members the very best.

Remember, *Together We CAN!*



**D'ANN WHITE**  
**DISTRICT 9 DIRECTOR**

My name is D'Ann White, and I live in Kountze. My husband and I have been married for 25 years, and he serves as pastor of a local church. We have six children, three grown and three still in school, all of which I have homeschooled. Being a pastor's wife, we have moved quite a bit. We served as missionaries in Mexico for five years. We have also lived on the Texas border in both Eagle Pass and Del Rio, as well as in the small town of Sylvester, located near Abilene. Everywhere we have lived, I have been extremely involved in both my church and the community. I have begun four 4-H Clubs, as well as serving as a club manager for 14 years in the various counties where I have lived. I have had experience serving on livestock association boards, county fair boards, and leadership advisory boards. I am currently a Texas Master Naturalist and have volunteered in several conservation efforts. Additionally, I have been an officer in our local Chamber of Commerce for several years now, and am also a charter member of our local Lions Club.

I am a student of martial arts, studying both TaeKwonDo and HanMuDo. I hold a first degree black belt in TaeKwonDo and am an instructor at our local TaeKwonDo academy. I have been a member of TEEA for seven years now, and have served in various leadership positions at both the club and county levels. This is my second year to serve as District Director, and I have thoroughly enjoyed my time as district director and serving on the state board.

*"We should be lifting each other up and cheering each other on, not trying to outshine each other.  
The sky would be awfully dark with just one star."*



### **GWEN RISINGER DISTRICT 10 DIRECTOR**

Gwen has been a member of TEEA since 1998, joining the Ranch Hiway Club at that time. She is now a member of Round Mountain Club in Blanco County. She has held offices in both Clubs and County organizations, being Chair/President, Secretary and Treasurer. She was also District 10 Director for five years and Education Chair for District 10 for two years. Gwen served as District 10 Secretary for the last 3 years.

Gwen has been married to Thad for 58 years; they have two sons and 6 grandchildren. Her hobbies are reading and sometimes cooking.

Gwen's father was in the Air Force so that they moved all around the country and in Germany and Japan before she began college at Texas Tech. Her degree is Bachelor of Computer Science which enabled her to have a career in computers until she and Thad retired in 1994 and moved back to Texas.



### **RACHEL MONDAY DISTRICT 11 DIRECTOR**

I am Rachel Monday and this is my second year as District 11 Director. I have been a member of TEEA for eight years and live in Victoria County, Victoria, TX. I currently serve as the county chair. I have one daughter, Raushanah and one son, Jeremy. I also have one granddaughter, Jazlyn. My mother, Juanita Delaney (age 98) and I are both members of Pleasant Green EEC.

I organized and volunteer in a jail ministry. I participate in voter registration drives and judging at county fairs. My spare time is

spent facilitating and attending bible study classes. I also enjoy traveling, reading and exploring genealogy. As a retired school administrator, I maintain an interest in the education of others, as well as, the education of myself.

This past year has been a whirlwind from starting a new club with 20 members to attending the 92<sup>nd</sup> TEEA Conference and receiving the traveling plaque for the district with the most attending the state conference. I am looking forward to creating an environment which is conducive to increasing membership and promoting the leadership development of women.

### **MEET YOUR EDUCATION CHAIRS**

As 2nd Vice President for Membership one of my duties is to work with Dr. Joyce Cavanagh and the Education Chairs to plan programs to be presented at State Conference. If you have any ideas for programs or topics you would like to see, please let us know. Our numbers are on the web in Chapter 3 of the Manual. Let me introduce you to the current Education Chairs. They are always looking for new and different ideas, so feel free to contact any of us.

### **CLARA JONES**



### **DALE NEVES EDUCATION CHAIR DISTRICT 2**

I am the District 2 Education Chair. I am from Snyder, TX. I am a retired 4th grade math teacher. Two crafts I enjoyed teaching my students were Origami and string art. I would always pull it into their math by teaching math terms.

I enjoy doing a lot of different crafts. I started sewing before I was in fifth grade. I enjoy making dolls and other toys for my grandchildren. I enjoy doing hand embroidery and machine

embroidery. I also do a lot of paper craft projects.

I teach Embroidery on paper at Snyder's Senior Citizen Center on Tuesday mornings.

I enjoy gardening and planting flowers and fruit bearing trees. We haven't been in this house long enough for my fruit trees to be large enough to produce much fruit yet.

I have been clogging with the Deep Creek Cloggers in Snyder for over 20 years.

I'm always willing to learn a new craft or skill.



### **JOHNNIE POWELL EDUCATION CHAIR DISTRICT 5**

This is my second year as Education Chair, and I am looking forward to our workshops in Lubbock at the 93<sup>rd</sup> State Conference. As a member of Smith County for the past ten years, I have served in my local club, the St. Louis Club (named for a community in Tyler) as secretary and delegate to both local and state functions, participate and represent TEEA. I also make contributions to the East Texas Fair. I am a native East Texan, born and reared in Tyler. In fact, I now live one block from where I was delivered by our local midwife.

Because of growing up in Texas, I have a great appreciation for its wealth and diversity in land and in nature. I love TEEA because of the opportunity to work, learn and share with others all the valuable gems offered. These are wonderful to share with the youth and pioneers as well. Oh yes, and thanks to academia for making it available.

As an Army veteran, I realize that all efforts are not accomplished the first time and practice and training must be continuous.



### **MARCA LEWIS EDUATION CHAIR DISTRICT 8**

My name is Marcia Lewis. I have been a member of TEEA since 2012. My area Club is Leona/Centerville. I have served as Association secretary and Vice President. My current Club position is second-term Secretary.

I am a retired Nurse Practitioner, having practiced Nurse Anesthesia for 34 years.

The position of Education Chair, is one I have always admired. I am grateful for an opportunity to work with the Advisor and Educational Specialist at Texas A&M. It is my hope the programs we bring will be interesting and of great benefit to our organization.

I am the mother of two adult daughters and wife to Col. James Wallace USA Ret.



### **JENNI ADAMS EDUCATION CHAIR DISTRICT 9**

Hello, my name is Jenni Adams & I live in Montgomery County, District 9. I have been married for 11 years & have an adorable three year old daughter who keeps me on my toes!

I love working with the Montgomery County TEEA group and getting to volunteer to help raise money for scholarships and do community service.

I am excited to be serving as Education Chair for the next year and am looking forward to working with everyone to come up with a new, fun and exciting program for the next year's state conference in Lubbock.

**"A life spent making mistakes is not only more honorable, but more useful than a life spent doing nothing."**

# FALL 2019



## APRIL THOMPSON TEEA MESSENGER EDITOR

Howdy! I am April Thompson from District IV, Bowie County and I am looking forward to being your new TEEA Messenger Editor in 2020. I am from North East Texas. I have been married for 21 years and have two beautiful daughters and two grand kiddos. My e-mail address will be [teeamessenger2020@gmail.com](mailto:teeamessenger2020@gmail.com). The deadline for the Spring issue is February 1.



## JULIA MOSELEY ALUMNAE CHAIR

I am Julia Moseley and I'm lucky enough to be your Alumnae Chairman. I served on the State Board from 2009 to 2016. It was so rewarding, so I'm delighted to be returning. I told Grace that I'm not the cheerleader that she is, but I'll give it my best. I think that awarding scholarships to deserving students is one of the best tasks that TEEA accomplishes.

My husband Laurie and I celebrated 50 wonderful years of marriage in 2017, then he suffered a stroke five months later. We had three and a half months in rehab. It gave me time to apologize for everything I'd done wrong. I'm just kidding, but it is nice to feel that he is still with me on this part of the journey.

My son Michael is living in Fort Worth and works with the Small Business Administration. My daughter Marie is Director of Social Studies for Mansfield I. S. D. Her husband Manny is Vice Principal at Midlothian High School where both of my grandchildren attend. Marcus is a senior and Laurie is a sophomore.

They are not too far away, and that's the way Gran likes it.

I want everyone to help with the Alumnae Auction next year at the State Conference. Everyone can donate items and everyone can bid. That will let us all "smile" like Grace. Thanks Grace for ten years of service in that post.



## GWEN JEWETT 990 CONSULTANT

Gwen hails from Upshur County in District 5. She made the transition from the Bay Area of California to Gilmer and has been a member of the Glenwood EEA Club since 2009. She is your EIN Consultant.

She is also Chair of her local Historical Commission, coordinator for the museum, secretary for a garden club and county EEA. In addition Gwen is also a member of the Hospital Auxiliary and a Licensed Texas Community Health Care Worker. She enjoys bible studies, participation in the gourmet club and arts and crafts events.

Gwen is retired from working with contracts for a Defense Contractor and have a BS in Management of Information Systems. One more thing, I AM A VOLUNTEER!

## ALUMNAE COMMITTEE REPORT

### GRACE GLAZE

I am still smiling. The Silent Auction and Drawing was such a success. Thanks to each of you for helping to make it. You were very generous in your donations, purchasing tickets, and bidding on the items. Special thanks to each of you who helped sale or display the items.

There were 71 Silent Auction items and three drawing items. We collected \$1480.00 from the auction, \$497.00 from the drawing and \$315.00 from donations total \$2292.00. Dr. Joyce Carvanagh honored Grace Glaze

and Lela Goar with a donation of one scholarship to the Alumnae Scholarship Fund. The fund has a balance of \$6063.25. We will be able to give four \$500.00 scholarships this year, maybe five or six.

The drawing winners were; Margie Wheeler - Gayle Pomykal Quilt, Angelea Price - Ola Culwell Handmade Quilted Computer Bag, Linda Smith - District 3 Basket of Baking Items. Thanks for making the auction and drawing a success.

Alumnae Luncheon was attended by 44. A short business meeting was held. Members corrected the membership list. Scholarship winners were announced. Member updates were announced. Members enjoyed a short fellowship and visiting. Thanks to Violet Alexander and District 10 ladies for the beautiful table decorations.

Directors please give each of your county chairs a copy of the publicity page about the Alumnae scholarship in the manual (Chapter 12 Page 18) and encourage them to pass it along to their members. I am challenging each director to have an application from your district.

I am turning the reins of the Alumnae Committee Chair over to Julia Moseley. Julia is a former state president and I know she will be an asset to the board and continue to promote the scholarship fund. Please support her as you have been so supportive to me.

Thank each of you for all the support you have given to the fund.

## DISTRICT 10 CONFERENCE HOST

Violet Alexander

As the host district for the 92nd State Conference, thank you to all who attended, went to the workshops, brought their cultural arts and took a chance on the baskets and quilt raffle. Your kind words about the hand sewed goody bags & wash cloths has been passed onto the two ladies that spent the hours to sew and crochet. Cat and Claudine were both so pleased that you all appreciated their work. I could not have asked for a better group of members from seven active counties to help

our district shined. Everyone stepped to the plate when asked to do a task before and during the conference. I also want to thank the four county agents who took the time to attend and contribute. My 13 years on the state board has been a joy to serve. I feel so fortunate to have first had the opportunity to represent TEEA on the 4-H Foundation Board where I met so many good people that have such a passion for our Texas 4-H program like I do. The last three years as a district director have been a challenge but very rewarding in meeting and really getting to know all the members in my district. I will always cherish the friendships that I have made. I continue to ask everyone to reach deep in your pockets and give to the **"COINS FOR FRIENDSHIP" FOR THE 4-H CENTER IN BROWNWOOD."**

If you have ever spoken to a 4-Her who has attended some kind of camp at the center, it is seldom that they don't speak about how great the experience was and how they can't wait to go back. Since TEEA board meets there two times a year along with several districts having their spring conferences there, we should continue to support it.

## "TO MAKE THE BEST BETTER"

## THANKS FOR THE MEMORIES

Lela Goar

The past six years have been wonderful serving as Messenger editor to this awesome organization. The people I've met and worked with have provided me with so much pleasure and memories that will be with me from now own.

I look forward to the years ahead being able to attend the state meetings as a member, attend workshops and meet many more of our members across the Great State of Texas.

God bless each and everyone of you and thank you for all the kind words and nice things you have said to me.

You have a wonderful editor in April Thompson, and I have no doubt you will see bigger and better things to come from the Messenger in the future. I urge you to follow her deadlines and be as helpful to her as you have always been to me.



## STATE BOARD OF DIRECTORS 2019 - 2020

Kay Jacob - President-Elect  
Angela Pierce - Secretary

Nyanza Price - President  
Polly Krenek - 1st VP for Leadership  
Ola Culwell - Treasurer

Clara Jones - 2nd VP for Leadership  
Rexine Scarborough - Treasurer-Elect

1 - Rosabelle Leal  
4 - Dinah Rainey  
7 - Martha Baker  
10 - Gwen Risinger

### DISTRICT DIRECTORS

2 - Sheila McCormack  
5 - Connie Troxell  
8 - Laurie Veatch

3 - Wanda Lacey  
6 - Edith Jones  
9 - D'Ann White  
11 - Rachel Monday

### EDUCATION CHAIRS

2 - Dale Neves

5 - Johnnie Powell

8 - Wanda Lewis

9 - Jennie Adams

April Thompson - TEEA Messenger Editor

Julia Moseley - Alumni Chair  
Dr. Joyce Cavanagh - Advisor

Gwen Jewett - 990 Consultant



## 2018-2019 BOARD OF DIRECTORS

Dr. Joyce Cavanagh, Grace Glaze, Dinah Rainey, Gwen Jewett, Barbara Sampson, D'Ann White, Elaine Jackson, Laurie Veatch, Rosabell Leal, Johnnie Powell, Dale Neves, Violet Alexander, Polly Krenek, Rachel Monday, Lela Goar, Angela Pierce, Ola Culwell, Nyanza Price, Kay Jacob, Clara Jones, Sheila McCormack

**BYLAWS CHANGES****ARTICLE V - OFFICERS**

## Section 2: Elections

A. The President-Elect, First Vice-President of Leadership, Treasurer-Elect, and District Directors-Elect 1,3,5,7,9, and 11 shall be elected in odd-numbered years. District Directors-Elect take office as Directors in odd-numbered years, two years after the election, or as needed. The President-Elect takes office as President and the Treasurer-Elect takes office as Treasurer in even-numbered years.

C. In the second year of the Treasurer's term a Treasurer-Elect will be elected.

Section 3: The President-Elect and Treasurer-Elect shall be elected for a term of one year. All other officers shall be elected for a two-year term. Officers shall assume their duties on the first day of the month following the TEEA State Conference.

Section 4: No officer shall be elected to serve more than one term in the same office.

**ARTICLE VIII - NOMINATION AND QUALIFICATIONS OF OFFICERS**

Section 5: To be eligible for the office of District Director –Elect or District Director, a candidate must have served at least one year as an elected officer at the county level.

**ARTICLE X - DUTIES OF OFFICERS**

## Section 6: The duties of the Treasurer shall be to:

- I. Deliver all funds and records to the Treasurer-Elect by December 1.
- J. Forward required file to Treasurer-Elect upon completion of the term of office.

Section 8: Removed.

**ARTICLE XI - DISTRICT DIRECTORS**

Section 2: To be eligible for the office of District Director-Elect or District Director, a candidate must have served at least one year as an elected officer at the county level.

**ARTICLE XII - DISTRICT DIRECTOR- ELECT**

Section 2: To be eligible for the office of District Director-Elect or District Director, a candidate must have served at least one year as an elected officer at the county level

**ARTICLE XIII - EDUCATION COMMITTEE CHAIRS.**

Section 2: To be eligible for Education Committee Chair, a candidate must have served at least one year as an elected officer at the club and/or county level.

<b>2019 CULTURAL ARTS RESULTS.</b>		
1. Afghans, Tablecloths, Blankets, Bedspreads, and Throws	Crochet Tablecloth Betty Vierus - Washington Co.	11
2. Ceramic, China, Porcelain, and Pottery	Porcelain Doll Joann White - Brown Co.	7
3. Craft Painting	Tea Party Cheryl Sander - Hansford Co.	1
4. Decorated Garments	Western Apron Andrea Woolley - Hansford Co.	1
5. Fabric Creations	Sewing Bag Susie Blackmon - Cherokee Co.	5
6. Fiber Arts	Crocheted Doily in Shadow Box Nedra Knight - Williamson Co.	8
7. Garments and Accessories - Handmade	Coat Mabel Helton - Montgomery Co.	9
8. Handstitchery	Blue Cross-Stitched Bird Picture Roberta Eacott - Burnet Co.	7
9. Machine Embroidery	Patchwork Wall Hanging Marcie Grabber - Randall Co.	1
10. Holiday Decoration	Applique Santa Quilt Teresa Schwerther - Potter Co.	1
11. Jewelry	3 Piece Silver-Turquoise Jackie Gary - Cooke Co.	4
12. Painting and Drawing	Pastel Pencil Drawing "Yawnie" Dog Marilyn May - Lampasas Co.	7
13. Paper	Christmas Embroidered Cards Judy Gannon - Randall Co.	1
14. Traditional Scrapbooks	Circle #1 Judith Finke - Washington Co.	11
15. Digitally Produced Scrapbooks (Computer)	Genealogy Kay Taylor - Hale Co.	2
16. Photography - Black and White	Watery Spidery Web Gail Braymen - San Saba Co.	7
17. Photography - Color	Garden Girl in Autumn Gail Braymen - San Saba Co.	7
18. Photography - Any other medium Max. size - 16 x 20	Texas Flag on Glass Mike McBride - Montgomery Co.	9
19. Quilts - smaller than 50 x 70 Hand quilted	Little Ladies Patricia Adams - Lipscomb Co.	1
20. Quilts - larger than 50 x 70 Hand quilted	Cathedral Windows Brenda Rae - Leon Co.	8
21. Quilts - smaller than 50 x 70 Machine quilted	Almond Country Sheila Via - Swisher Co.	2
22. Quilts - larger than 50 x 70 Machine quilted	Frosted Fountain Peachie Burlin - Burleson Co.	9
23. Quilts - Twin size or larger hand or machine quilted by 2 or more	Fall Bonnie Schultz - Austin Co.	11
24. Recycled Items	Vest from Old Jeans Mabel Helton - Montgomery Co.	9
25A. Wall Hangings - Not Quilted	Yellow Flower Center Hooked Rug Judith Waiewski - Bastrop Co.	10
25 B. Wall Hangings - Quilted	Green Celtic Wall Hanging Kerry McDonald - Burnet Co.	7
26. Miscellaneous	"Watermelon" Diamond Melba Skubiata - Bastrop Co.	10

## CULTURAL ARTS

### BEST OF SHOW - Category 22

Frosted Fountain Quilt  
Peachie Burlin - Burleson Co.

### PEOPLE'S CHOICE - Category 12

Pastel Pencil Drawing of a Dog  
Marilyn May - Lampasas Co.



Youngest Members at this year's State Conference: Faith Manhave from Upshur County and London Jones FCH Agent and member from Burnet County, both 21. We had several members 90 and above, including Bonnie Nutt (90) from Shelby County.



Our most senior member in attendance was Mable Helton (95) from Montgomery County. She has been in TEEA for 40 years.

## COMMUNITY SERVICE PROJECTS

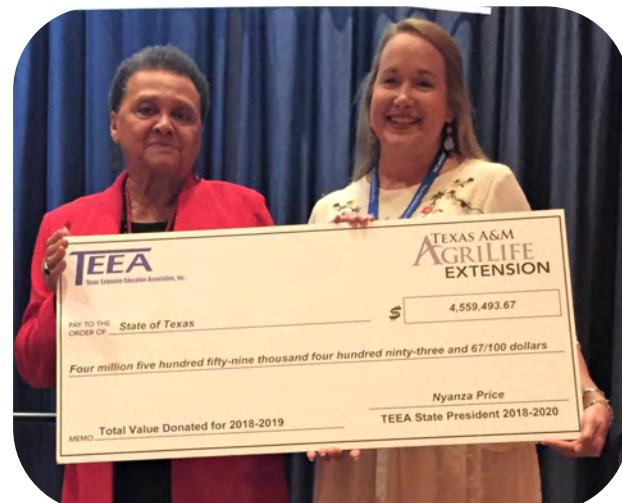
One of the Early Bird workshops highlighted different community service projects. Travis County sponsors the local Ronald McDonald House charity in Austin. Several attendees expressed interest in finding information about it. If you will get on the web and type in Ronald McDonald House Charities, it will take you to their website. You can then search for chapters by typing in United States and choose Texas and it will bring up all the sites available across the state. There are 14 for you to choose from. A very worthwhile cause.



LINDA WELLS, BURNET FCH AGENT (RETIRED) AND KAREN D'ZARN, LAMPASAS FCH AGENT ON BEHALF OF THE TEXAS EXTENSION AGENTS ASSOCIATION (TEAFCS) PRESENTED TEEA WITH THE FRIEND OF TEAFCS FOR THE POTHOLDER PROJECT FOR THE 2018 NATIONAL NEAFCS MEETING HELD IN SAN ANTONIO. ALL 12 DISTRICTS PARTICIPATED AND MADE 2864 POT\_HOLDERS. SHOWN ARE KAY JACOB, OLA CLUWELL, AND NYANZA PRICE WITH THE PLAQUE. CONGRATULATIONS TEEA FOR A JOB WELL DONE!



NYANZA PRICE AND OLA CULWELL PRESENT A CHECK TO THE TEXAS 4-H CENTER IN BROWNWOOD FOR \$8,005.43 FOR "COINS FOR FRIENDSHIP."



NYANZA PRICE PRESENTS A CHECK TO THE REGIONAL COORDINATOR REPRESENTING THE WORTH OF THE VOLUNTEER HOURS FOR TEEA MEMBERS IN 2018-2019 - \$4,559,493.67.



GENINE RINGSTAFF  
MONTAGUE COUNTY  
DISTRICT 3 - SINGER  
TALENT SHOW WINNER  
\$50 CHECK



### ELAINE JACKSON DISTRICT 5 DIRECTOR PRESENTS 2019 CVU AWARDS

- D 5 Sherry Smith - Smith Co.
- D 7 Lela Goar - Burnet Co.
- Polly Krenek - Burnet Co.
- Margie Wheeler - Taylor Co.
- D 8 Laurie Veatch - Bell Co.
- D 9 D'Ann White - Hardin Co.
- D10 Ethel Tarleton - Travis Co.
- D11 Peggy Viets - Calhoun Co.



RACHEL MONDAY  
DISTRICT 11 DIRECTOR  
RECEIVED THE PLAQUE FOR  
HAVING THE MOST  
MEMBERS IN ATTENDANCE  
AT STATE CONFERENCE



**ROSABELLE LEAL  
DISTRICT 1 DIRECTOR  
RECOGNIZES DALLAM  
COUNTY OUTSTANDING  
EDUCATIONAL PROGRAMMING**



**TOWN AND COUNTRY CLUB -  
HANSFORD COUNTY  
DISTRICT 1  
LEADERSHIP AWARD**



**ROSABELLE LEAL  
DISTRICT 1 DIRECTOR  
RECOGNIZES  
HANSFORD COUNTY  
FOR OUTSTANDING  
CONTRIBUTIONS IN  
COMMUNITY SERVICE**



**ANDREA WOOLLEY  
DISTRICT 1  
LEADERSHIP AWARD**

***If you are not willing to learn, no one can help you. If you are determined to learn, no one can stop you.***  
~ Zig Ziglar



Charlotte Howard won 3rd place in two person large quilt category; Vickie Nelson won 1st place in one person appliqué; Ann Powell won 2nd place in one person appliqué and 2nd place in two person pieced large. Congratulations ladies, job well done.



We had some very interesting sew days in which we first learned how to construct a T-Shirt quilt presented by Sylvia Jordan.



Also, Janice Hathaway showed us how to cover a folding chair.



In lieu of a sew day we opted to visit some quilt shops in Lubbock and the museum where a display of feed sack quilts were on exhibit. For lunch we visited the Cheese Cake Factory. It was a great day!

The club was informed by Paige Nester from Creek House Honey on bee farming and presented us with some very good products from her company. Creek House Honey also offers classes on bee keeping.

We elected new officers, Janice Hathaway - Vice Chair/Vice President; Tammy Lamber son - Treasurer; Sandy Beavers - Secretary; Marcie Grabber - County Delegate; and Diane Donnell returns as our President.

Fall is upon us and we gather together to bring in another season. Golden Spread Quilters meets on the second Tuesday evening at 6:30pm at the Randall County Extension building and on the first Saturday at 9:30am, each month for our sew day. You can find more information on our web site: <https://welchjm.wordpress.com>

***Raise your words, not your voice.  
It is rain that grows flowers, not thunder.***

## SUNNYHILL EE CLUB NEWS

Sidona Rogers

On September 12, Sunnyhill TEEA, met at the Randall Association Building. Two of our members displayed the quilts they had made for Cultural Arts. Opal Lewis won First Place at District for her 'DREAM BIG FLOWERS" quilt in category 25 B. Marcie Grabber won First Place at District and went on to win First Place at State this year. Her quilt was "PATCHWORK WALL HANGING" in Category 9. We are all really proud of you ladies  
LEFT-Opal Lewis Right- Marcie Grabber



## HAPPY HOMES EEA NEWS

Lisa Pipkin

Happy Homes met for our first meeting after summer break on September 3, in the Hansford County Annex. Myrna Biggers gave an interesting program on her Bonanza Journeys where she traveled to a Bonanza reunion on the Ponderosa! She had lots of treasured memorabilia of the Bonanza series and autographed pictures she received in person!! September 2019 will mark the 60th anniversary of the first airing of the TV series.



We had 11 members from Hansford County traveling to the TEEA State Conference September 10-11 in San Marcos. All agreed it was one of the best!! The Embassy Suites Hotel was most accommodating!! Great rooms, wonderful food and perfect location!! We couldn't have had a more pleasant staff!! Thanks Embassy Suites!!

Happy Homes is very proud and fortunate to have our president, Andrea Woolley, as the District 1 Texas Treasure Award winner!! She does a great job keeping us organized and having a fun time to boot!!



Hansford County is so proud to be on the Honor Roll of Counties for 2018-2019 for Outstanding Contributions in Community Service!! We realize our time and efforts are appreciated and helpful to our communities!!



From L-R: Connie Stahlman, Fran Duncan, Terrie Harper, Marianne Pipkin, Dora Ward, Janie Kunselman, Rosetta Barrera, Cheryl Sander, Lisa Pipkin, Andrea Woolley and not pictured: Myrna Biggers.

Hansford County had eight Cultural Arts items at State Conference that placed in their categories. There were so many beautiful entries. So glad I didn't have to be a judge!!

For our second meeting on September 17, all members were encouraged to invite new members to join. We met at the Extension Annex with a special luncheon for our guest with nine members and five guest who all joined!! Our new members are Gina Biggers, Frances Biles, Pennye Ralston, Sharron Swan and Wanda Wagner. We are thrilled to have our new members!! Delegate, Myrna Biggers gave our program with the State Meeting Report. We all came home with lots of interesting program information and great goodies!!



Both Happy Homes and Town and Country Clubs met with the County Judge and Commissioners in the courtroom on September 23 to sign a proclamation for TEEA week. Refreshments were left for the Commissioners to enjoy.



Pictured back row L-R: Commissioner Butch Reed, Commissioner David Thomas, Lisa Pipkin, Gina Biggers, Myrna Biggers, Cheryl Wolfe, Feathers Coombs, County Judge Benny Wilson, Commissioner Tim Stedje, Commissioner Danny Henson, Andrea Woolley. Front row L-R: Rosetta Barrera, Marianne Pipkin, Janie Kunselman, Sharon Swan, Fran Duncan, Cheryl Sander, and Terrie Harper.

***"It's better to bite your tongue than to eat your words."***  
~ Frank Sonnenberg

*Remember that you only have one life, and it is your responsibility to make sure that this life will be awesome.*

Mark Snyder

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WISE COUNTY  
RECOGNIZED FOR  
OUTSTANDING  
EDUCATIONAL  
PROGRAMMING



BARBARA SAMPSON  
DISTRICT 3 DIRECTOR  
PRESENTS PARKER COUNTY  
OUTSTANDING COUNTY FOR  
CONTRIBUTIONS IN  
COMMUNITY SERVICE



SHEILA McCORMACK  
DISTRICT 2 DIRECTOR  
RECOGNIZES HALE COUNTY  
FOR OUTSTANDING  
EDUCATIONAL  
PROGRAMMING



SHIRLEY RIEBE  
DISTRICT 3 TREASURE  
AWARD



DALE NEVES - CLOGGER  
TALENT SHOW PARTICIPANT  
SCURRY COUNTY



GENINE RINGSTAFF  
MONTAGUE COUNTY  
SINGER - TALENT SHOW  
WINNER AND HER  
MOTHER - SHEILA WOODY

## GENINE'S STORY

The talent show winner had a very special reason for participating in the talent show - her mother, Sheila Woody, a long time member in Parker County. This is their third state conference to attend together, and she wanted her mother to be able to hear her sing.

Sheila is a cancer survivor. After a grim diagnosis and surgery, she was not expected to live, let alone attend the conference this year.

Praise God, she is healed and getting stronger everyday!



Julie Browning leads the group to make gift boxes and bags

In September, members Julie Browning, Genine Ringstaff and Kathy McPeters attended the state conference in San Marcos. Bowie is proud of our members recognized during the event. Julie Browning, Donna Roth and Helen Edwards were ribbon winners in the cultural arts division and Genine Ringstaff won the Talent Show competition during the banquet. Later that month, our monthly program was a Show & Tell where everyone brought items that were special to them and shared their sentimental meaning with the group. Julie Browning presented a "What Am I" activity with vintage items to identify.

A special thank you goes to Jacque Hensell. She creates the door prize each month that generates funds for Dollar for Scholars and Coins for Friendship. It often contains one of her amazing embroidered tea towels. Pictured below is Jacque and the lucky recipient, Mary Lynn Gudery.



Mary Whatley reviews  
*The Chocolate Castle Clue*

The Tales 'n Trails Museum in Nocona was the sight for our July meeting. The museum features the areas of Native American culture, western heritage, agriculture, leather goods and the oil and gas industry and how they were instrumental in the development of Nocona and the Montague County area.

Everyone looks forward to our August meeting for great food and crafting at the Salona Community Center. Following the potluck lunch, Julie Browning taught members how to turn a greeting card into a gift box and bag.



One of Jacque Hensell's amazing embroidered tea towels

## GREENWOOD EE CLUB NEWS

Suzy Willeford

The Greenwood EE Club took a break in the hot months of July and August. In September, three of our members, Gerry Gallo-way, Marilyn Collins and Janice Millican, drove to San Marcos to attend the state meeting. They brought home memories of a fun time together and awards. Marilynn's quilting efforts garnered two second places and a third. GEE Club also received the - District 3 Education Award for Wise County.

The GEE Club held our 22nd annual Greenwood Fall Festival October 12, and members worked tirelessly stuffing gift bags, selling sponsorships and raffle tickets, baking cakes, asking for silent auction donations, handing out flyers, and all the myriad tasks that are needed to pull off a successful community event and annual fundraiser.

## DISTRICT 4 EEA NEWS

**DINAH RAINY**

**DISTRICT DIRECTOR**

District 4 had our district party at Palmers in San Marcos during the State Convention and really enjoyed our time together.

Congratulations to Cooke County for earning volunteer awards. Rains County was second place.

Our Fall District Training will be November 19 at North Richland Hills. It is approaching quickly along with the wonderful fall holidays. Hope all of you have a happy holiday season.



**DINAH RAINY RECOGNIZES COOKE COUNTY FOR OUTSTANDING CONTRIBUTIONS FOR COMMUNITY SERVICE AND OUTSTANDING EDUCATIONAL PROGRAMMING**

## DISTRICT 4 EEA NEWS

Shirley Pierce

District 4 was represented by 23 EE members and one guest from Bowie, Collins, Cooke, Dallas, Hunt, and Raines Counties at the 2019 State Conference. The members attended general and business sessions at the conference. They attended early bird workshops, educational workshops, shopped at the Country Store, bid on items at the Alumni Auction, bought items at the TEEA sales table, and viewed the items in the Cultural Arts. The delegates voted on officers and the bylaws to be changed or added to the manual. At the banquet, Angela Pierce was installed as State Secretary, Dinah Rainey as District 4 Director, and April Thompson as Messenger Editor. Everyone enjoyed the entertainment.

To the person who is missing a red 30 oz. Ozark thermal cup; it was found and turned in to the sales table. The Bowie County group brought it home. Please contact Angela Pierce to make arrangements for its return.

## HUNT COUNTY NEWS

Judy Clingan

Hunt County had three members attending this year's State TEEA Conference in San Marcos. We are planning an open house and craft show in November and hoping to spread the news of what TEEA is all about. Our yearbooks are all given out and we are looking forward to the 2019-2020 year.

May your holidays be full of love and joy!



**ELAINE JACKSON DISTRICT 5 DIRECTOR RECOGNIZES SHELBY COUNTY FOR OUTSTANDING EDUCATIONAL PROGRAMMING**

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**ELAINE JACKSON  
DISTRICT 5 DIRECTOR  
RECOGNIZES  
RUSK COUNTY FOR  
OUTSTANDING  
CONTRIBUTIONS IN  
COMMUNITY SERVICE**



**ELLEN MANNING  
SHELBY COUNTY  
DISTRICT 5 TREASURE  
AWARD**



**UPSHUR EXTENSION CLUB  
UPSHUR COUNTY  
DISTRICT 5 LEADERSHIP  
AWARD**

**XYZ EE CLUB NEWS**

Ellen Manning

It will soon be time for the XYZ Club in Shelby County to have their Christmas meeting at Margaret Robertson's granddaughter's house. We always enjoy seeing the decorations in Ginger Garrett's house and she helps us make an item to take home. We have a carry in meal but Margaret sees to it that we have turkey and dressing. She manages to make dressing for numerous

people at this time of the year. Our December meeting brings former members from the county and other counties. Pictured here are Ellen Manning, Margaret Robertson, Johnnie Beth Freeman and Sylvia Jackson. We appreciate how Ginger and Luke have allowed us to meet at their house for a number of past years.



***To be beautiful means to be yourself. You don't need to be accepted by others. You need to accept yourself.***  
~ Thich Nhat Hanh

**UPSHUR COUNTY EEA NEWS**

Gwen Jewett

Just think it will not be far off when Upshur County Clubs come together again to decorate a Christmas tree inside the Upshur County Courthouse and prepare to kick off the 2020-year with the annual Chili Luncheon Fundraiser.

Elaine, thank you for your efforts with District 5. Welcome Connie. For -4H, community, and TEEA support, thanks Julie.

The 3<sup>rd</sup> weekend in October is the Yamboree Festival on the square in Gilmer. Our clubs' efforts are in the pie and canning contests, support to concession and other activities. Happy Thanksgiving Everyone!



Upshur County EEA members attend 2019 State Conference.



A successful 2019 July Bean Luncheon -TEEA District 5 Upshur County EEA and 4-H volunteers.



Members worked with 1,600 East Texas elementary students at the State Fair of East Texas in the Discovery Texas Education Building. Students learned about healthy eating at our nutrition walk. They worked on the MyPlate stencil table and the giant MyPlate.



Karen Pensinger - Wildcat Club



Members of the Dixie Club had fun making felt witches hats at their August meeting and will use them to Decorate at the County Association meeting.



Connie Troxell - Dixie Club



Robin Fields - St. Louis Club

Three members were honored at the 4-H Banquet in August. Robin Fields of the St Louis Club, Harriett Lane of the Dixie Club and Penny Hunter of the Tyler Club received the Friend of 4-H Award. It was a huge surprise by all three to receive the award.



Smith County's new officers are Penny Hunter, Chairman; Connie Troxell, Vice Chairman; Robin Fields, Secretary; Barbara Garrett, Treasurer and Joyce Morrow, Parliamentarian.

October 1 was the kick off for our "Warm Feet Are Happy Feet" campaign. The goal is to collect 2,000 pair of socks for the homeless in Smith County. Local businesses, schools and churches are being challenged. Study shows that socks are one of the needed items for the homeless. Our sock campaign will run from October 1 to December 1.



Karen Pensinger - Wildcat Club and Penny Hunter - Tyler Club

May, we host the Senior Celebration, offering a free lunch to area seniors and vendors that can provide insurance and medical information.



Karan Heffelfinger and Diann Warnock at the TEEA State Conference



Karan and State Senator Pete Flores at the Dinner Tonight Cooking Club's 10th Anniversary



**POLLY KRENEK  
DISTRICT 7 DIRECTOR  
PRESENTS  
LORENE DENNEY  
2019 STATE TEEA TREASURE  
AWARD**



**DIANA TAYLOR - SINGER  
TALENT SHOW PARTICIPANT  
BURNET COUNTY**

*"My father said there were two kinds of people in the world: givers and takers. The takers may eat better, but the givers sleep better."  
~ Marlo Thomas*

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**GLENNA BELL ORMAN  
COWGAL POET  
TALENT SHOW PARTICIPANT  
BURNET COUNTY**

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**POLLY KRENEK  
RECOGNIZES  
BURNET COUNTY  
AS DISTRICT 7  
OUTSTANDING COUNTY  
FOR EDUCATIONAL  
PROGRAMMING AND  
HONOR ROLL COUNTY  
FOR  
COMMUNITY SERVICE**

## DISTRICT 7 EEA NEWS

Polly Krenek

My goodness, how the time flies. We just finished the 92<sup>nd</sup> TEEA State Conference in San Marcos and for those who were unable to attend, it was really a great conference. Districts 10 and 12 were the hosts for the Conference. District 12 was in charge of the Country Store and District 10 was in charge of the Cultural Arts. Violet Alexander, what a great job organizing the conference. All goody bags were sewn by clubs ladies and the little scrubbers were crocheted by one of the members. Great job ladies!

All the programs presented were outstanding and hopefully they will be presented at each of the clubs. Each of the County Chairs who attended the conference should have received a packet of the programs. For the counties not attending the conference, one will be either mailed or you will get them at the Fall Training in November. The Lunch and Learn is a must for the TEEA members, which gave the history of TEEA and reflected the theme of the Conference, "Honoring the Past, Treasuring the Present and Shaping the Future." Our own Martha Crawford was part of the program and gave the part about "Treasuring the Present."

Burnet County won both the Outstanding Educational County and the Honor Roll of Counties for their outstanding Community Service. Hey Counties, this comes from the Annual Report you send to the District Director. Keep good records and send in those reports.

Glenna Bell Orman of Burnet County was the song leader for the conference and she has a fantastic voice. Thank you, Glenna Bell, I think you have a job for as long as you want it.



District 7 was well represented in the Cultural Arts Competition. Many of our members brought home blue ribbons and Marilyn May from Lampasas won the Peoples Choice Award for her beautiful colored pencil drawing of her dog.

The entertainment was the TEEA Explosion talent contest and was held after the banquet and installation ceremony for the new 2019-2020 officers. Glenna Bell Orman and Diana Taylor represented District 7 and both are from Burnet County. Diana sang a beautiful song and Glenna did a cowboy poem. Great job ladies! The winner of the TEEA Explosion talent contest was Genine Ringstaff who has ties to Burnet County, but she lives in Montague County.

Your new District 7 Director is Martha Baker from Brown County. Please direct all your paperwork and questions to her. She officially took over the job on October 1. She has been a member of TEEA for several years, President of her club, County Chair and Educational Chair for District 7.

I thank each of you for all your help and support while I was your District Director. It was a pleasure getting to meet most of you. All of you are very special and I hope to see you at the Fall Training and Spring Conference.

## TAYLOR COUNTY EEA NEWS

Margie Wheeler

Five Taylor County EEA members attended the State Conference in San Marcos, September 9, 10. Attending were Pat Crawford, Connie Adams, Gail McMillon, Margie Wheeler, and Mary Ann Kelley.



Everyone had a great time and attended the workshops to bring back to Taylor County members. Margie Wheeler won 3rd in Scrapbooks in the Cultural Arts competition. She also won

the TEEA Alumni Quilt raffle (a first quilt ever). Thank you Gayle Pomykal of Bell County for the beautiful quilt she donated.

Gail McMillan was a first timer to the conference.

Thanks to those who worked so hard on the conference, and thanks to the Embassy Suites for the beautiful facility.

## BROWN COUNTY EEA NEWS

Sande Jackson

Good fall to everyone!!!! Well, picking up where we left off last time. May EEA held their garage sale and it turned out fairly well. We were able to put a little money towards our roof fund. We are planning on having another garage sale during the town of May's Octoberfest. We have a quilt, donated by Kay Brown, that had been quilted a few years ago by the members, some of whom are no longer living. If interested in purchasing tickets, contact Kay Brown or Liz Hardy.

We had three cars in the July 4 parade in Rising Star during their Freedom Fest. We had several members and their families involved. We looked pretty good, if I must say so myself. Martha Baker came on June 27 with a program called Do Re Mi Cha Cha Cha. Dale Henderson came on July 24 and gave a program on Texas Safe Driving. We all learned a few things we didn't know!! Both did a great job!!

The Salvation Army in Brownwood was broken into and all cooking items were stolen. Carol Nelson had two huge stock pots she wasn't using and donated them to the Salvation Army. They were very happy to receive them.

We had our annual Salad Luncheon on August 14. A lot of our members were out with doctors appointments or on vacation. But we played dominoes and had a great time enjoying each other's company. It certainly has been a hot, dry August!! So was nice to be inside where it was cool. State Conference went well. We had one first place winner from Brown County, JoAnn White with her porcelain doll. Congrats JoAnn!!

Our new officers will take over their positions on October 1. Thanks to the outgoing officers. We appreciate everything you've done! New officers for May EEA

are as follows: President – Sande Jackson, Vice President – Liz Hardy, Secretary – Carol Nelson, Treasurer – Judy Green, Delegates – Kay Brown and Denece Hubbard. McDaniels EE: President - Della Crawford, Secretary/Treasurer – Sharon Woolsey, Delegate – Joy Early. Owens EE: President – JoAnn White, Vice President – Dale Henderson, Secretary - Jerri Steel, Treasurer – Sandra Wylie, Parliamentarian – Jackie McLaughlin, Reporter – Dale Henderson, Delegate - Loma Pittman. Brown County Council: President – Martha Baker, Vice President – JoAnn White, Secretary – Sande Jackson, Treasurer – Peggy Bostick. District Director – Martha Baker. CONGRATS to all incoming officers and good luck!!!! Fall is in the air folks!!! Can't wait for hoodies and bonfires!! Have a great spooky Halloween, a Happy Thanksgiving and a very Merry Christmas!!!!

## LAMPASAS EEA NEWS

Ramona Dahl

County Fair preparation was the main topic of our June meeting.

In July we hosted the county fair in conjunction with Lampasas Spring Ho Festival. Members volunteered to take in, categorize, and display the beautiful arts and crafts. There was also an abundance of baked goods.

Cherryl Luker was our August program host. She gave an informative program on how to make fresh Mozzarella cheese. Cheese making kits may be purchased online with the correct ingredients. Attendees were treated to samples of the fresh cheese.

September speaker was Nancy Asbill with Reaching Beyond Words (RBW), a program to benefit mothers and children. Through donations they are able to feed, educate, and clothe the disadvantaged. They offer loans to women to start small businesses. This helps the family to become financially self-supporting. Twenty mothers at at time are taught skills, such as jewelry making. Children are able to attend school, have proper supplies, and suitable clothing. Orphanages is another outreach RBW has began.

The 92nd annual TEEA State Conference was attended by Arlene Wingo, Siddonia Umphres, Cherryl Luker, Mary Kemper, Ramona Dahl, and Karen DeZarn FCH Agent. The conference was informative and fun for all. Former agent and current EEA member Marilyn May won state People's Choice Award for her pastel pencil drawing of her dog Yawnie.



## HONEYBEES EEA DONATE QUILT

Sherrel Cauldwell

Several members of the Honeybees Club of Taylor Extension Education Association completed a quilt in July, and donated it to the Lawn Senior Center to be raffled during their annual luncheon in November. The Lawn Seniors usually construct a quilt by themselves for the raffle, but some of them have become disabled recently and were unable to create a quilt this year. The Seniors Group depends heavily on the raffle proceeds each year, so the Honeybees Club helped them.



They will sell tickets for the raffle to help defray their operational expenses. The quilt objective was one of our community service projects for 2019.

The photo shows a number of Honeybees presenting the quilt to the Lawn Seniors Group. Several members who helped with making the quilt were unable to attend the presentation. Most of the supplies required for the quilt were contributed by Marcia Lambert, a long-time member of Honeybees Club.



## HONEY BEES MEMBER HONORED

Connie Adams

Carolyn Atkins, a member of Honey Bees, was honored by the College of Biblical Studies of Abilene Christian University for her many years of Christian service. Attending a dinner with her were many members of her family, many friends and Connie Adams, Brenda Camp, and Sherrel Cauldwell, Taylor County EEA members.



## MARBLE FALLS EE CLUB NEWS

Polly Krenek

Members of the Marble Fall EE Club donated 20 baby blankets to the Highland Lakes Pregnancy Resource Center. Several members donated the material and made the baby blankets for a community service project. Those pictured from left to right are: Stennis Shotts, Board member, Dee Ann Bishop, Director, Members of the club are Polly Krenek, Julie Griser and Ollie Ann Baker.



**MARY LAMBERT  
HAMILTON COUNTY  
DISTRICT 8  
TREASURE AWARD**



**KIMBERLY MARX  
BELL COUNTY  
CHICKEN DANCE SKIT  
TALENT SHOW**

*Did you ever notice: When you put the 2 words The' and 'IRS ' together it spells 'Theirs...'*

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**CLARA JONES  
LEON COUNTY  
STATE LEADERSHIP AWARD  
WINNER**



**LAURIE VEATCH  
BELL COUNTY  
SING  
TALENT SHOW**



**TEEA VILLAGE WOMEN  
LEON COUNTY  
PERFORMANCE  
TALENT SHOW**



**LAURIE VEATCH  
RECOGNIZES LEON COUNTY  
FOR OUTSTANDING  
CONTRIBUTIONS IN  
COMMUNITY SERVICE**

**NANCY URBANTKE  
BELL COUNTY  
READING  
TALENT SHOW**

*Ah! Being young is beautiful but being old is comfortable.*

## BELL COUNTY EEA NEWS

Polly Elizondo

"Fifteen members of Bell County attended the State Conference, representing all 3 clubs from the county: Leedale, Tanglefoot and Tejas. Members took advantage of the Educational Workshops; enjoyed the Country Store; sharing our talents in the Cultural Arts competition; and learning interesting information from our speakers and officers. Several members performed at the Talent Show and they showed how much talent and fun they have.

## DISTRICT 8 RETREAT

Polly Elizondo

"The District 8 Retreat was held on August 13 at the Granbury Church of Christ in Granbury. The host counties were Hood, Erath, Eastland and Hill. Pat McNeely, Hood County Chair, was the mistress of ceremonies. She introduced the Granbury mayor, Nin Hulett, who gave a warm welcome to all the attendees. He gave an update on what to do and see in Granbury. The activities during the day included crafts, multiple door prizes, a silent auction and a collection for Coins for Friendship and Dollars for Scholars. The featured speaker was Dawn Milson. She is an advocate for those who have been victims of domestic violence; using her personal story as a survivor. She is also an author of a book that tells her story of how she became a victim of domestic violence and how she changed her life and survived. Ms. Milson is pictured below holding a copy of her book. She also discussed depression that many people in later life experience.



The theme of the Retreat was a salute to Tomato Clubs. Pat Campbell from the Tolver Evening Club gave a history of her club's 30 year existence. She also gave information on the

formation of Home Demonstration Clubs and Tomato Clubs. A wonderful lunch was served, including 3 tomato -based salads, tomato/basil soup, chicken salad sandwiches and a dessert. Lunch was prepared by Kelli Brown, Hood County FCH Agent.



Hood County Cooks



Bell County Attendees

## MCLENNAN COUNTY EEA NEWS

Betty Hubbard

McLennan EE Assn. will host the District Leader Training on November 19 at the Bellmead Civic Center in Bellmead (Waco). Due to construction on I 35 in Waco, it is advised to travel Loop 340 around the east side of the city. Meeting begins at 9:30. Registration is \$20. Come see us.

McLennan County AgriLife Extension Office has a new location. The address is 4224 Cobbs Drive, Waco, TX 76710.

## ERATH COUNTY EEA NEWS

Doris Threadgill

Erath County EEA members attended the District 8 Retreat in Granbury on August 13. Pictured are: Back L-R: Doris Threadgill, Carolyn Hays, Ruby Turner, Beth Parham and Pat Little. Front L-R: Bonnie Wolfe, Beth Miles, and District 8 Director - Laurie Veatch.

Laurie did a great job helping the members with setting up registration, and giving a hand to all wherever needed.

The programs were well enjoyed, from the entertainment band, speakers, crafts we learned, a great lunch and more programs. Visiting other TEEA

members and making new friends gave us a chance to hear what others were doing and gain ideas for future events. As Laurie said "Together We Can."



## LEON COUNTY EEA NEWS

Michaelene Perry

On July 4 the Leon Extension Education Association (LEEA) had their 4-H Scholarship fundraiser during the Funtier Days event in Centerville. What a great way to start the 4<sup>th</sup> of July festivities.

The Five EE clubs in Leon (Buffalo, Jewett, Leona-Centerville, Normangee and Oakwood) all helped in our Pulled Pork BBQ booth (our first food booth at this wonderful occasion). We thank all those in our community for their support of our event. All proceeds from the sale will go towards 4-H scholarships. We raised enough to provide scholarships for two or three qualified 4-H high schools seniors that will help them further their educational/technical endeavors for a better future in our workforce.

We also thank the following who provided food or monetary donations: H.E.B., Mexia; Kroger, Huntsville; Subway/Texas Burger, Centerville; Texas Bass Nation, David Glezman; and Wal-Mart/Sam's Club, Mexia; along with each of the EE clubs in Leon.

We look forward to other club and community activities this year.



LEEA officers L-R—Michaelene Perry, Reporter, Nyanza Price, TEEA State President, Martie Hanson, LEEA County Vice Chair, Gail Huffine, LEEA County Chair, Helen Torrance Treasurer



Early morning setup crew L-R—Pam Groba, Carole Huebner, Lora Nichols, Barbara Hickman, Clara Jones, Marcia Lewis, Pat Ferguson, Donna Warren, Michaelene Perry

## BELL COUNTY EEA NEWS

Polly Elizondo

Members of the Bell EEA recently took a field trip to the Mayborn Planetarium on the campus of Central Texas College in Killeen to view the program, "Black Holes: The Other Side of Infinity." After the program, the members enjoyed lunch at a local restaurant.



L-R: left Rosemary Chudej, Laurie Veatch, Joe Ann Smith and Gayle Pomykal.



L-R: Suzanne Smith, Polly Elizondo, Lora Blacklock, Mary Ann Niekamp, Gina Krause and Shirley Skala

## LEON COUNTY EEA NEWS

Michaelene Perry

On August 13, Leon Extension Education Association (LEEA) members attended the annual District 8 Summer Retreat in Granbury. There were 19 members representing all five clubs in Leon County (Buffalo, Jewett, Leona-Centerville, Normangee and Oakwood). The theme for the gathering was "All Things Tomato."

Now that sounds like an unusual theme; however, the origins of the extension education clubs started back in the 1913-1914

with the creation of the "Tomato Clubs." It has gone through several name changes thereafter to "Home Demonstrations" clubs in the 1930's, 1979-Texas Extension Homemakers Association, and finally in 1998 the Texas Extension Education Association (TEEA). No matter what the organization's name was, it was all about educating 4-H and women in our communities to improve our families, understand our health, farming, sewing and many other talents needed in our changing world.

After a busy morning of interesting speakers, icebreakers, and crafts, we were treated to a lunch prepared by the AgriLife Extension Family & Community Health (FCH) Agent who made homemade recipes incorporating tomatoes in the menu and served with the help of 4-H students.

Entertainment was by the Triple Cross Cowboy Church band who played quite a variety of music, both old time country and religious music. They were very good and had the audience ready to two step the afternoon away.

All enjoyed the day and the final gifts were fresh tomatoes from the table centerpieces throughout the room to those who wished them.



LEEA members Back Row (L-R): Martie Hanson, Shirley Kelton, Gail Huffine, Rhonda Exley, Joy Stietenroth, Linda Brown, Melinda Green, Donna Warren, Celia Bell, Barbara Hickman, Judy Hutchison; Middle Row: Mary Walters, Linda Van Ness, Clara Jones, Mamie Bell, Donna Barrilleaux, Barbara Kloesel; Front Row: Nyanza Price and Michaelene Perry

## WILLIAMSON COUNTY EEA NEWS

Charlotte Watson

L to R, Becky Lycan, Lillian Black, and Mary Johnson were the delegates from Williamson County to the District 8 Spring Meeting. They participated in the entire day of programs and activities while also being the bearer of county Cultural Arts entries. They enjoyed the fellowship with

EE Club members from other counties across District 8.



EE Club members in Williamson County work hard all year on fund raising projects that then fund the two \$1,500 4-H Scholarships they award. This year, EE Club members from Heritage, Morning Glory, New Horizons and Noontime clubs attended the Annual 4-H Banquet and presented the scholarships in front of the 4-H'ers peers and parents. Shown in the middle of the group (holding their certificates) are scholarship winners, Luke Fowler and Payton Holcomb. Payton also won the TEEA State Scholarship from District 8. Congratulations to these outstanding 4-H'ers!!!



Noontime EE Club, Williamson County took a field trip in September to learn about a local non-profit that serves women, children and families.

Pictured below, in front of their food pantry, is Teri Jansen, Founder/Director of Education & Prevention of TheKey2Free.



Their purpose is "working to abolish sex trafficking through education, awareness and after-care of survivors, both domestic and abroad." Her program was eye-opening for club members.

One thinks about sex trafficking happening only to girls, and this is wrong. One also thinks about it happening in someone else's community, and the group learned that this is also incorrect. Noontime donated funds to assist TheKey2Free in accomplishing their mission. They also donated foods for their food pantry which serves to provide foods for their clients.

Pictured here are members of the Noontime EE Club in Williamson County and members of the Georgetown 4-H Club. Annually members of the 4-H Club make a presentation to the Noontime EE Club about their 4-H projects and activities. They also thank the Extension Education members for their support of the 4-H organization in Williamson County. It is a highlight of the club year. Noontimer's enjoy seeing some of the same 4-H'ers year after year and see how they have progressed and grown in their projects and leadership.



## HILL EEA NEWS (FORMERLY COVINGTON)

Gidget Moore

The ladies of Hill EEA joined with Covington United Methodist Church to provide purses for ladies in a Women's Shelter in Waco, Texas.

Twenty-seven new or gently used purses were donated by the group and church members. These handbags were filled with all types of "purse necessities" such as coin purses, hand lotion, small notepads and pens, tissues, combs or brushes, and a small New Testament Bible.



Members at the summer retreat in Granbury.

Before spring had quickly turned into summer, Hill EEA visited Fort Worth Botanical Garden's May event, Lanterns in the Gardens. Lantern festivals are a central part of Chinese culture that dates back thousands of years.



While in the Gardens, the Hill EEA ladies also visited the Japanese Gardens. These gardens were built in 1973 and many of the plants and materials were donated by Fort Worth's sister city Nagaoka, Japan. This garden was constructed to include an array of interesting Japanese garden designs.

To end our day, the group went to the Rose Tea Room in Fort Worth and enjoyed a great lunch, peach tea, and air conditioning!

## LEON COUNTY EEA NEWS

Michaelene Perry

On September 10-11, members of Leon County attended the 92<sup>nd</sup> TEEA State Conference in San Marcos. There were a total of 17, including 14 members, one Family & Community Health agent and two spouses. This was a very special conference for Leon County since this is the first with our own Nyanza Price, Oakwood EE Club as the State President. She had a year to prepare for this event (along with her board members) and it was fantastic.

This gathering is a fun event, but we accomplished many business decisions, attended programs to present in our communities, and competed in the Cultural Arts handmade crafts by EE members throughout the state. Congratulations to Brenda Rae, Jewett EE Club for 1<sup>st</sup> place in Category 20, Small Quilts, hand quilted. We recognized the oldest EE member present-Mabel Hilton, District 9, Montgomery

County, 95 years; the youngest EE member-London Jones, 21 years, District 7, Burnet County, and celebrated the Newest Club in Victoria County, District 11. Not only are they a new club, but they recruited 20 new members, thus winning the most "new recruits!" EE members attending for the first time were recognized with Leon having Wanda Crowder as one of them.

During the first afternoon session we revised bylaws and elected three new officers: Kay Jacob, President-Elect, Polly Krenek, 1<sup>st</sup> Vice President for Leadership and Rexine Scarborough, Treasurer-Elect. Certificates were distributed to Outstanding Educational Programming and Outstanding Honor Roll Counties; Leon County received the Outstanding Honor Roll County in District 8.

On the first evening, each district gathered for their yearly party and dinner. District 8 and District 12 combined to have a fabulous time with good food and great, great games thanks to Judy Hutchison, District Director-Elect, Jewett EE Club. We had over 60 present with four spouses participating in the fun, games and laughter. Many participants won door prizes for Bingo and the most fun team game "Knock the Cups Down." What joy and fun for all those who participated.



The keynote speaker was Dr. Mark Faries, Asso. Professor and Extension Health Specialist, Texas A&M AgriLife Extension Service, who talked about "Busting Health Myths." Dr. Faries did not clear up "myths" per say, however he covered the importance for us to know: how to look up information and understand the scientific versus applied significance of data.

Thanks to the following presidents Charlotte Watson, Martha Crawford and Cathy Hanzik for the Lunch and Learn workshop on "Honoring the Past, Treasuring the Present, Shaping the Future," looking at TEEA from the beginning with all the colorful history we have; where we are as advocates for our community; and possible development for the coming years to aid our world and those we serve.

Conference county delegates and members of EE clubs all over the state attended workshops to be presented in our communities. Topics presented were: a) Winter Gardening, b) Home Safety for All, c) CarFit, d) Personal Safety, e) Use It or Lose It, and f) Cooking with Pressure. Watch for programs such as these in your towns across the state.

During the evening banquet, the outgoing TEEA Board members were recognized for their dedication and service to the organization. Installation of the 2019-2020 Board members was done by Jana Osbourn, Regional Program Leader, South FCH, and Laura Petty, CEA-FCH Leon County, Texas A&M AgriLife Extension Service.

The finale was the "TEEA EXPLOSION Talent Show" presented by members of TEEA. Who knew we had such talent? The emcee, Renella Primeaux from southeast Texas, a standup comedian in her own right, shared many "Beaudreax" stories to keep the audience engaged between the various acts. The evening and the conference closed with all leaving with smiles and cheers for all the brave women who stepped onto that stage.

**"Never be a prisoner of your past.  
It was a life lesson, not a life sentence."**

## BRANCHVILLE EEA CLUB FUNDRAISING/GIVING BACK TO THE COMMUNITY

Rose Freeman

Branchville Community uses the Masonic Hall in that community, as their Community Center. The Hall is in need of repairs, therefore the Branchville EEA Club has undertaken fundraising to help with the repairs. The first fundraiser was simply asking for donations from former students and others to whom they come in contact with, which is on-going. That wasn't moving fast enough for the club, so they had a Black Tie Dinner & Fun Event in the Masonic Hall. Tickets were sold for the event and raffle tickets were sold for a fried turkey and/or a baked ham. The food was delicious, the atmosphere was of holiday cheer with decorated trees, lights and plenty of fun.



Masonic Hall



Branchville EEA Club members:  
Seated-l-r; Annie Terrell, Rosetta Wesley; (back row l-r) Jackie Fields, Ellen Whitfield, Gloria Sullivan, Barbara Walker, Rose Freeman & Fan nie Price

Patricia Jerman, of New Salem EEA Club of Rockdale, crocheted a throw and donated it to the Branchville EEA Club to help with the fundraising. Tickets are being sold to raffle the throw at the annual Branchville Alumni / Juneteenth Celebration. Tickets were \$1.00 each or 6 for \$5.00. The ticket sales went well. We will continue to have fundraisers until we have the Hall repaired.

The EEA Club hosted its first "Treats in the Trunk Event" in October. It was amazing. There were treats in the trunk, as well as, games and food for everyone. The Masonic Hall and the trunks

of vehicles were well decorated. There were children from Branchville and Cameron. It was a success in that everyone enjoyed themselves and everything went as planned.

Every year, the club does something for the clients at one of the Nursing Facilities in Cameron. The club members decorated hanging plaques and gave them to the clients. Each plaque had an inspirational theme: Love, Joy, Peace

The Club watched a movie together, "Hidden Figures", at Gloria Sullivan's home. You can't watch a movie without the essentials, popcorn, hotdogs, chips, and drinks. Great movie! Good fellowship, and good relationship building.

Barbara Walker had asked members to bring buttons to the meeting in April. Barbara had purchased small jewelry boxes for members to decorate with buttons, designing their own, gluing with a hot glue gun. Members poured all their buttons on the newspaper in the center of the table, at Gloria Sullivan's home. Members were told to get as many or as few as they wanted to decorate their jewelry boxes.



Six of Branchville's 10 members attended the Spring Conference in Eastland in April. Two of Rockdale's members attended the Spring Conference. Some of the members had crafts on display for judging. Pat Jerman, of Rockdale, received 1st Place with her Embroidered Dish Towels. Barbara Walker, of Branchville, received 1st Place with her purse decorated with buttons and 3<sup>rd</sup> Place with her jacket decorated with buttons. Rosetta Wesley received 3<sup>rd</sup> Place with her decorated Toilet Paper Holder. Congratulations, to those ladies! Great Job!

The Milam County EEA Clubs, Branchville EEA Club, Friendly Progressive of Cameron, & New Salem of Rockdale, meet at each club, once a year and have a program and activity. The Clubs met

in Rockdale in December. Friendly Progressive had a gift exchange, History of Amazing Grace (the hymn), and an activity of how to make Clothespin Crosses. The Clubs met in Cameron in February and New Salem's Program included the History of Valentine's Day, Heart Shaped Word Search, a lesson on the Instant Pot Pressure Cooker, Individual Valentine Cards, and decorated Puffy Heart Shaped Pins. The Clubs met in Branchville in May and the program consisted of a "Getting to Know You" Activity, Stress Survival Kits, and Jackie Fields, of Branchville EEA, demonstrated how to transform a regular T-shirt into a handy tote, as a way of recycling. The T-shirts and scissors were provided by the Branchville Club. Everyone left with their personal tote. The members have plenty of food at these combined county meetings, because everyone brings a dish. The good food and fellowship is always enjoyable.



Standing- Jackie Fields; seated l-r; Betty Yount, Florian Skubal, Patricia Jerman and Gloria Sullivan

The fundraising for Branchville Community Center is on-going and they accept all donations! Donations to the Branchville Community Center may be sent to: Barbara Walker, 12299 E. FM 485, Cameron, Texas 76520. Thanking you, in advance! Branchville EEA Club has started the new year off decorating bags for their friends at a Nursing Home in Cameron.

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KATHY WISE  
BURLESON COUNTY  
DISTRICT 9 LEADERSHIP  
AWARD



PEACHIE BURLIN  
BURLESON COUNTY  
DISTRICT 9  
TREASURE AWARD



D'ANN WHITE  
DISTRICT 9 DIRECTOR  
RECOGNIZES  
JEFFERSON COUNTY  
FOR OUTSTANDING  
CONTRIBUTIONS IN  
COMMUNITY SERVICE AND  
OUTSTANDING  
EDUCATIONAL PROGRAMMING



RENEE PRIMEAUX  
EMCEE EXTRAORDINAIRE  
TEEA EXPLOSION  
TALENT SHOW

#### LYONS EEA NEWS

Linda Faust  
Lyons EEA have been busy with holding our annual Spring Fling Plant Sale which was very successful! Our club took a tour of the Antique Rose Emporium in

Independence and enjoyed all their beautiful roses and many other plants in bloom. We ended the day with a lunch at the Southern Flyer Brenham Airport Diner. Our group was honored with a 75 year club award and we are planning to publish a cookbook in honor of our 75th anniversary. More to come on that!



#### BURLESON EEA NEWS

Ann Sebesta  
TEEA Council Association of Burleson County members Sandy Johnson-Staff and Renee Preston stand beside an organization educational exhibit they helped create for the Burleson County Fair. The exhibit information was from material presented at the State Conference workshop "Car Fit," by the Baylor Scott and White Mature Driving Program, to increase driver safety by making sure your personal vehicle fits you. The exhibit earned the "Most Educational" banner in the Adult division, Organization Educational Exhibit.

#### BLUE EE CLUB NEWS

Lucy Torn  
The Blue EE Club in Lee County met for their first meeting of the 2019-2020 year. Election officers was held and the followingmembers were elected; President - ZoeNita Christianson, Vice President - Jennifer Beauchamp, Secretary - Peggy Casey, Reporter - Lucy Torn, Treasurer - Barbara Turner, Association Delegates - Carolyn Hutson, Ramona Caskey, and Jennifer Beauchamp. The members prepared items to be sold at Cedar Valley Church on October 5. Refreshments were served.

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MARY BRICENO  
CALDWELL COUNTY  
DISTRICT 10  
LEADERSHIP AWARD



VIOLET ALEXANDER  
DISTRICT 10 DIRECTOR  
HONORS BASTROP COUNTY  
AS DISTRICT 10  
OUTSTANDING COUNTY FOR  
EDUCATIONAL PROGRAMMING  
AND HONOR ROLL COUNTY  
FOR COMMUNITY SERVICE



ANNABEL WILKINSON  
GILLESPIE COUNTY  
TALENT SHOW PARTICIPANT



OLA CULWELL PRESENTS  
ANITA GARCIA  
TRAVIS COUNTY  
WITH A \$100 CHECK IN THE  
FIRST TIMER DRAWING

*"The greatest challenge  
in life is  
discovering who you are.  
The second greatest  
is being happy with what  
you find."*

## McDADE CLUB EEA NEWS

Lola Cole

The McDade EE Club has been very busy these past three months. In July seven members and two visitors made a trip to Bellville to visit Newman's Castle. We were all amazed at the workmanship and original design that Mr. Newman put into the building of his castle. It was great fun and informative. Afterwards we made a side trip to Round Top to do a little shopping before heading back home.



officers for 2019-2020: President -Melba Skubiata, Vice President - Kathy Prochnow, Secretary-Liz Nelson, Treasurer-Loretta Dube, Recreation Chair-Brenda Kyle, Inspiration Chair-Cat Duggan, Reporter-Lola Cole, Photographer/Historian-Missy Davis, Sunshine Chair-Janice Payne, and Telephone Chairs-Patsy Gentner and Janice Payne. These officers along with the members of our Club and the County Association plan for this to be the best year ever for TEEA in McDade.



In August, about ten of our members met to help District 10 Director Violet Alexander with filling the Welcome Bags for the State Conference and then to play games together. It really is fun working together and then celebrating because we did good and enjoy being with each other.



On September 10, nine of our members traveled to San Marcos to participate in the TEEA 92<sup>nd</sup> State Conference, hosted by District 10 and 12. The 13 Cultural Arts projects that we took from our first-place winners at the District competition did very well at the state showing. We had nine items that placed, three took 3<sup>rd</sup> place, four placed 2<sup>nd</sup> and two got 1<sup>st</sup> place ribbons. The Educational Workshops for this next year were very good and the Closing Banquet "TEEA Explosion" was fantastic. We all felt that it was undoubtedly the best conference ever.



At our meeting on the following Wednesday, we installed our club

Many members enjoyed the 4-H barbecue which was served following the August 23 Gillespie County Fair Parade.

The Gillespie EEA board was on display at the Gillespie County Fair to share with the community what we do as an organization.



## GILLESPIE COUNTY EEA NEWS

Helen Usener

The Pilot Knob EE Club met on Friday, June 14 with member Helen Usener presenting the TEEA program "Country Roads Take Me Home." Members were interested in learning about the safety measures to make traveling country roads safer.

On Friday, July 12 the Pilot Knob Club members enjoyed learning about Edible Flowers from the presentation given by Beth McMahon, Gillespie County Horticulture Agent.

The annual family night covered dish meal was enjoyed by all attending on August 2.

On August 21, members had fun putting together the Bed and Breakfast Basket for the TEEA District 10 Raffle for the conference. Pictured are Sharon Kott, Helen Usener, Annabel Wilkinson, and Rhonda Schaetter. Corine Klose also helped.



Annabel Wilkinson entertained conference attendees as she played the Beer Barrel Polka on her accordion during the TEEA Explosion which featured talent of TEEA members at the Wednesday night banquet.

On Friday, September 13 the Pilot Knob Club enjoyed the very informative program "Keys to Being Properly Insured" presented by local insurance agent Wade Dittmar.



## CANCELLED STAMP PROJECT

Sara Frank

The Lutheran Women's Missionary League for the Texas District wishes to thank each of you who brought cancelled stamps to the convention for our collection. This project has been on-going for ten years or so and it takes so many women to collect in order for it to be profitable to our organization. The stamps are processed for selling and 100% of the proceeds is used to ship our quilts, health kits, school kits, and baby kits all over the world whenever and wherever there are catastrophe's/disasters. All efforts are 100% volunteer by thousands of women across our district. I am told that if you wish to continue to bring them to next year's convention, the past director for District 10, Violet Alexander, will collect them and get them to me. If you would like additional information, you may call me, Sara Frank at (512)268-2401. Again, we thank you so much for supporting this mission as God has truly blessed it to help those less fortunate than we are.



Dot Maner was recognized as the District 10 nominee for Texas TEEA Treasure Award.



***The happiest people don't have the best of everything, they just make the best of everything.***

## BLANCO COUNTY EEA NEWS

Shelley Levitt

The Round Mountain EEA Club has had a blessed 2018-2019. We did not have any graduating 4-H seniors to award scholarships, so instead the Council decided to award three scholarships to previous 4-H graduates already attending college. The Council worked together to create a list of requirements based on the Alumnae Scholarship requirements and sent our previous winners that form along with a letter inviting them to apply for funds for this 2019 school year if they met our criteria. Three students applied and all three meet the requirements and then some, so as we had the funds, we divided the Scholarship monies amongst the three candidates! What a blessing to be able to help these three outstanding students continue with their education.

We added three new members this year – Mamie Moraw, who is also the Office Manager in the Blanco County AgriLife office; Terry Wiemers, and Jayne Mayne. Welcome!

Our District 10 and District 12 hosted the 92<sup>nd</sup> Annual TEEA Conference in San Marcos this year. Seven members attended.



Four worked hard in the Cultural Arts event, checking in the items and keeping everything under control while three of us were delegates. One of our members, Tommy Levitt, gave an Early Bird Workshop on The Texas Ramp Project, a Community Service Project that provides wheelchair Ramps to those who cannot afford them. All one needs to do is

have their doctor, physical therapist, or social worker contact the Texas Ramp Project in Dallas and fill out a form and the TRP will send a crew right out!



At our annual meeting on September 20, we installed new officers for the 2019-2021 years: Round Mountain Club: Barbara Wilson (president), Elizabeth Sooter (VP), Trina Burnam Sec), Peggy Aldridge (Treasurer), Tommy Levitt (Council Delegate). Council: Shelley Levitt (Pres), Elizabeth Sooter (VP) Diane Walkin (Sec), Karen Payne (Treasurer).

## CALDWELL COUNTY

Sharon Nitz

Caldwell County had a great turnout of county members at the state convention in San Marcos. It was the first time attending a convention for several members; most informative and enjoyable.



We held our Achievement/Cultural Arts day in September. The theme was "Humming with TEEA," featuring hummingbird and bee decorations. Judy Wheeler, county president, presided and introduced the guest speaker, Tony Andric, a local beekeeper. His presentation about beekeeping and the habits and instincts of bees was fascinating.

Elsie Lacy, our Extension Service agent installed officers for the coming year. The officers are – left to right: Joel Webb, Katie King, Lillie Wendell, Carol Uhles, Esther Barney, Judy Wheeler and Elsie Lacy. In appreciation for all she does for our clubs, Elsie Lacy, Extension Service/Family Consumer Sciences, was presented with flowers and a monetary gift.

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OLA CULWELL AND RACHEL MONDAY DISTRICT 11 DIRECTOR PRESENTS NEW CLUB WITH MOST NEW MEMBERS AND MOST INCREASE IN MEMBERSHIP



Awards presented included the District 10 2019 Leadership Award to Mary Briceno, Lockhart Club and Volunteer of the Year, Sandra Simi, Luling Club.



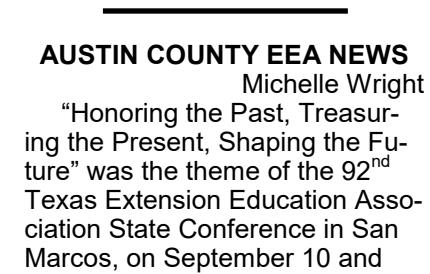
Cultural arts entries included unique and beautifully made projects. Grand Champion entry was a hand crocheted king-sized bed cover made by Judy Wheeler, Glenvoir Club.



As noted in one of the convention brochures, our clubs have been around for a long time. The Lockhart and Glenvoir Clubs are each 106 years old and the Luling Club is 105 years old. Happy Anniversary to us!!



RACHEL MONDAY DISTRICT 11 DIRECTOR RECOGNIZES AUSTIN COUNTY FOR OUTSTANDING EDUCATIONAL PROGRAMMING



RACHEL MONDAY DISTRICT 11 DIRECTOR RECOGNIZES LAVACA COUNTY FOR OUTSTANDING CONTRIBUTIONS IN COMMUNITY SERVICE

## AUSTIN COUNTY EEA NEWS

Michelle Wright

"Honoring the Past, Treasuring the Present, Shaping the Future" was the theme of the 92<sup>nd</sup> Texas Extension Education Association State Conference in San Marcos, on September 10 and 11. Attending as delegates from Austin County were Knellen Quinteros, Jessie Kokemor and Gaye Farr. In addition, Doris Gnewinkel and Gladys Frank also attended on behalf of Austin County EEA. Some the educational workshops the delegates

attended were: Home Safety, Winter Gardening, Use it or Lose it, Cooking with Pressure, Personal Safety and Car Fit. Their "Lunch and Learn" keynote speaker at the event was Dr. Mark Faries who talked about "Myth Busting". Austin County Extension Education members who were acknowledged for years of service were Barbara Brown, Evelyn Wilke, Patty Alexander and Gladys Frank for 35 years; and Ida Mae Reddick (At-large Member) for 30 years.

The following Austin County TEEA members had items in the State Cultural Arts contest: Joan Buenger, Doris Glenewinkel, Gladys Frank, Barney Zimmerman, Barbara Vohs, Carolyn Balke, Betty Thiel and Bonnie Schulz. Bonnie Schulz - 1<sup>st</sup> place ribbon (Cat 23- Quilts) and a 2<sup>nd</sup> place ribbon (Cat. 13 – Paper- Greeting Card); Barney Zimmerman – 2<sup>nd</sup> place ribbon (Cat. 23 – Misc. Painting) and a 3<sup>rd</sup> place ribbon (Cat. 4 - Decorated Garment - blouse; Doris Glenewinkel – 3<sup>rd</sup> place ribbon (Cat. 11- Jewelry) and Joan Buenger – 3<sup>rd</sup> place ribbon (Cat. 3 – Craft Painting – Pilgrims).

Statewide TEEA has contributed a value of \$4,559,493.67 to the Texas economy. Club, County, District and State scholarships given amounted to \$69,850 for high school seniors. Another \$22,000 state scholarships were awarded through the Alumnae and Adult Career.



L-R - Gladys Frank, Jessie Kokemor, Doris Glenewinkel, Michelle Wright, Gaye Farr, Knellen Quinteros and Rachel Monday - District 11 Director.

## AUSTIN COUNTY EEA AND GREAT DAY HOUSTON!"

Extension Education Association of Austin County, which is a direct part of the Texas A&M AgriLife Extension, ventured to Houston to be in the Great Day Houston audience for the Deborah Duncan Show. At the end of the show the ladies received some one -on-one time with the talk show host. It truly was a

"Great Day in Houston" for Austin County EEA! For more information, please feel free to contact Michelle Wright, County Extension Agent - Family and Community Health at (979) 865-2072. The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.



L-R: Joan Buenger, Kellen Quinteros, Deborah Duncan, Carolyn Balke, Gaye Farr, JoAnn Reichle, Michelle Wright, Jessie Kokemor, Donna Burton.

## 2019 AUSTIN COUNTY AWARDS BANQUET AND OFFICER INSTALLATION CEREMONY

During the month of August, EEA (Texas Extension Education Association) hosted the 2019 Austin County Awards Banquet and Officer Installation Ceremony. The event was hosted by the Wallis and Bleiblerville EEA Clubs at the St. John Lutheran Church in Wallis, Texas. The event was spearheaded by Gloria Havemann and Evelyn Kieke. The members chose a western theme for the event. Texas A&M AgriLife of Austin County had the privilege of recognizing several of TEEA's outstanding members at the Annual Awards Ceremony. Members receiving honors at the banquet were: Geraldine Siptak (5 years), Audra Winkelmann (5 years), Tawn Dierking (10 years), Shelia Howard (10 years), Doris Glenewinkel (15 years), Eugenia Kulhanek (25 years), JoAnn Reichle (25 years), Karen Landrum (30 years), Malinda Schramm (30 years), Barbara Vohs (30 years), Joan Buenger (35 years), Jessie Kokemor (35 years), Vernice Kokemor (35 years), Knellen Quinteros (35 years) and Annette Balke (45 years). The event will be held

once again in conjunction with the Progressive Dinner. In addition, the following members were installed as EEA officers in Austin County for 2019-2020: Knellen Quinteros -President; Joan Buenger- 1<sup>st</sup> Vice President; Jessie Kokemor -Recording Secretary; Doris Glenewinkel – Treasurer; Judy Schulz – Corresponding Secretary; Gladys Frank – Reporter/Historian; and Jessie Kokemor – Parliamentarian. Congratulations everyone and we look forward to a wonderful year!



L-R: Commissioner Chip Reed, Jessie Kokemor, Gladys Frank, Denita Schovjsa (In proxy for Doris Glenewinkel), Carolyn Balke (In proxy for Judy Schulz), Joan Buenger, and Knellen Quinteros,

## WASHINGTON EEA NEWS

Judith Fincke

The 2019 Washington EEA Educational Field Trip was held Thursday, June 27. Members traveled to LaGrange to tour the Quilt Museum and Czech Heritage Museum. The Quilt Museum showcased quilts made all over the country with many different colors, materials, and techniques. The Czech Heritage Museum featured artifacts and history from when Texas was settled by the Czech people. Members toured the buildings that replicate an original Czech town settlement.

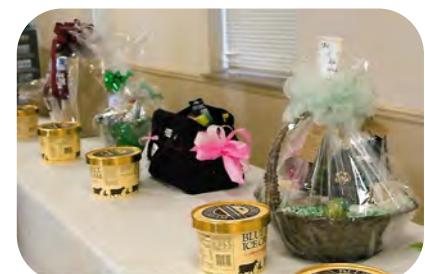


L-R Back row: Edna Schroeder, Cindy Kolar, JoAnn Buck, Kathleen Flick, Alice Kyle, Hannah Krebs-FCH Agent, Betty Rudloff, Barbara Wise, Suzanne Kessler. L-R Front row: Edith Lehmann, Virginia Collier, Cynthia Roberts, Michele Daniels, Jeanell Dallmeyer, Daulene Hopmann.

## WEEA CHRISTMAS IN JULY SALAD LUNCHEON

Some 400 persons attended the salad luncheon held at the Washington County Event Center on Tuesday, July 16. Neighboring Extension Clubs were well represented. In addition to the "celebrated" display of salads and craft tables by the four clubs of the county. The new basket raffle was a hit.

EE members donned their respective club Christmas aprons for the festive affair.



## TEXAS EXTENSION EDUCATION ASSOCIATION CONFERENCE

Honoring the Past, Treasuring the Present, Shaping the Future was the theme of the 92<sup>nd</sup> state TEEA convention held at the Embassy Suites Hotel & Conference Center in San Marcos, Texas September 10 and 11. Nyanza Price, state president presided. Keynote Speaker was Dr. Mark Faries, Associate Professor and Extension Health Specialist for Texas A & M AgriLife Extension Service, on the topic "Busting Health Myths." TEEA includes 2, 289 members from 97 counties across the state.

Attending from Washington County were JoAnn Buck, Kathleen Flick, Suzanne Kessler, Edna Schroeder and CEA Agent Hannah Krebs. Always a favorite part of the convention is the Country Store and the Alumnae Silent Auction as well as the awarding of the Dollars for Scholars Scholarships and Coins for Friendship (\$8, 005.43) for the 4-H Center in Brownwood.) Dr. Joyce Cavanaugh serves as the TEEA Advisor and Dr. Jeff Hide was introduced as the New Director of Extension.

Early Bird Workshops included "Judging Home-Preserved Foods" and "Community Service Projects." Educational Workshops included "Winter Gardening", "Home Safety for All", and "Car Fit."

Cultural Arts state winners

included: Judith Finke first place on Traditional Scrapbook, Betty Vierus first in Crocheted or Knitted afghans or tablecloth with her tablecloth. Second place winners were Judith Finke on Photography- any other medium, Jeanette Schwartz on Quilts larger than 50" x 70" and Barbara Wise on Wall Hangings.

The 2020 TEEA Convention will be held at the MCM Ele-gante' in Lubbock.



## TAITON EE CLUB EEA NEWS

Olivia McDonald

Each month we celebrate birthdays of our members. In September we celebrated with three of our members including Gracie Priesmeyer who used to sit on her ice cream freezer at the Ice Cream Social while someone turned the handle. The 2019 Ice Cream Social featured a fried chicken supper with ice cream and toppings. Members and guests played Bingo.

Officers for 2019-2020 were installed at the September meeting. They are: President-Kathryn Sellers, Vice-President-Rose Marie Bain, Secretary-Olivia McDonald, Treasurer Margie Swoboda and Parliamentarian-Grace Glaze. Delegates to the Wharton County EEA will be Kathryn Sellers, Betty Parma and Georgia Henderson.

Community Service Projects for the last quarter of 2018-2019 included collection of belts for school children, fifty cent pieces for Bingo prizes for the nursing homes and comfort items for the veterans' hospital. Donations were made to RIF (Reading is Fundamental) and postage for mailing coupons for service families overseas. \$94,312.15 in coupons have been clipped and mailed in 2019 thanks to Peggy Hobbins and her sister Evelyn Sherrill who have headed this project for several years.

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KAY JACOB  
1ST VP FOR  
LEADERSHIP  
RECOGNIZES  
HIDALGO COUNTY  
DISTRICT 12  
OUTSTANDING  
COUNTY FOR  
COMMUNITY SERVICE  
AND  
EDUCATIONAL  
PROGRAMMING



### WINNIE FELPS

Burnet County TEEA Member, Winnie Felps recently celebrated her birthday, **108 years young!!** A beautiful lady with her luscious looking cake.

**HAPPY BIRTHDAY**  
From all of us!

**"The happiest  
People don't have  
the best of  
everything,  
they just make  
the best of  
everything."**

## IN MEMORY

Dot Creasey - Bethel EEC - Burnet Co. - D7  
Marguerite Reagan - Lampasas Co. - D7  
Jewell Higginbotham - Temple - Bell Co. - D8  
Genova Wilson - Hamilton Co. - D8  
Toni Williams - Leon Co. - D8  
Mary Louise Hodde - McLennan Co. - D8  
Eula Faye Holt - Cameron - Milam Co. - D8  
Virginia Mays - Corsicana - Navarro Co. - D8  
Rose Chavis - Meatra EEC - Jefferson Co - D9

*I received this email from a friend several years ago, and it really touched my heart. I sincerely hope it will touch yours also and know that you have a friend in me.*

Lela G. Goar

## VITAMIN F

Why do I have a variety of friends who are all so different in character? How is it possible that I can get along with them all? I think that each one helps to bring out a "different" part of me. With one of them I am polite. With another I joke, with another I can be a bit naughty... I can sit down and talk about serious matters with one. With another I laugh a lot. I listen to one friend's problems. Then I listen to another one's advice for me.

My friends are like pieces of a jigsaw puzzle. When completed, they form a treasure box. A treasure of friends! They are my friends who understand me better than I understand myself. They're friends who support me through good days and bad. Real Age doctors tell us that friends are good for our health.

Dr. Oz calls them Vitamin F (for Friends) and counts the benefits of friends as essential to our well-being. Research shows that people in strong social circles have less risk of depression and terminal strokes.

If you enjoy Vitamin F constantly you can be up to 30 years younger than your real age. The warmth of friendship stops stress and even in your most intense moments, it decreases the chance of a cardiac arrest or stroke by 50%. I'm so happy that I have a stock of Vitamin F!

In summary, we should value our friends and keep in touch with them. We should try to see the funny side of things and laugh together and pray for each other in the tough moments. Some of my friends are friends on line. I know I am part of theirs because their names appear on my computer screen often and I feel blessed that they care as much for me as I care for them. Thank you for being one of my Vitamins!

The most beautiful thing about friendship is that we can grow separately without growing apart.

Have an awesome day!

## THE TEEA MESSENGER

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**Spring Issue Deadline  
FEBRUARY 1**

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