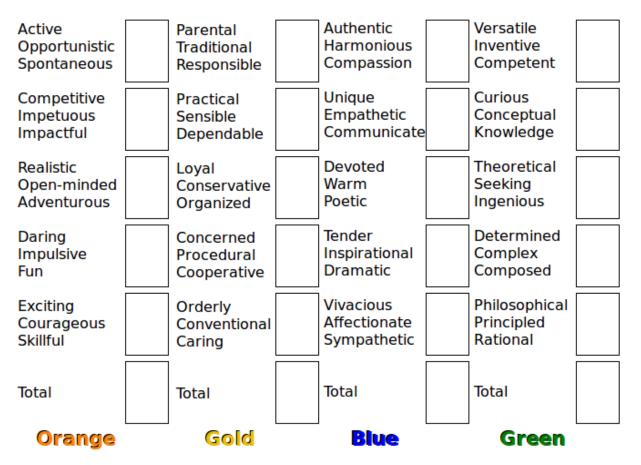




## **TRUE COLORS™ ASSESSMENT** (short version- **Handout 1**)

Rate each group of words in each row from 1to 4 with 4 being most like you and 1 being least like you. Total each column.



The color with the highest total is your True Color<sup>M</sup>. Remember, we are a mixture of all four colors but tend to have a dominate color - your True Color<sup>M</sup>.

Congratulations! You now know your color spectrum.

# **Characteristics and Traits of Colors (Handout 2)**

### Greens

Are innovative and logical Seek to understand the world Need to be competent Require intellectual freedom Are curious Question authority Push themselves to improve Seek perfection in play May become intellectually isolated Are slow to make decisions Value concise communication Look for intellectual stimulation Enjoy intriguing discussions Are sometimes oblivious to emotions Are detached Believe work is play Are drawn to technical occupations Analyze and rearrange systems Focus on the future Bring innovation to society

#### Golds

Are dutiful and stable Need to be useful Want to be self-sufficient Value organization Desire punctuality Schedule their lives Make and keep commitments Measure worth by completion Are goal-oriented Value rules Prepare for the future Are inclined to join groups Believe work comes before play Safeguard tradition Prefer order and cleanliness Are responsible and dedicated Are drawn to respected occupations Enjoy positions of authority Desire structure Bring stability to society

#### Oranges

Are free and spontaneous Are impulsive risk-takers Are active Are optimistic Resist commitment Can become virtuosos Thrive on crises Are drawn to tools Like to be the center of attention Have great endurance Are drawn to action jobs Need variety Are dynamic, animated communicators Are competitive Deal with the here and now Are bold in relationships Are generous Have difficulty finding acceptance Like to live in a casual atmosphere Bring excitement to society

#### Blues

Are in search of themselves Need to feel unique Must be true to themselves Look for symbolism Value close relationships Encourage expression Desire quality time with loved ones Need opportunities to be creative Compromise and cooperate Nurture people, plants and animals Look beyond the surface Share emotions Make decisions based on feelings Need harmony Are adaptable Are drawn to literature Are drawn to nurturing careers Get involved in causes Are committed to ideals Bring unity to society